

*Vivre*  
**MAGAZINE**

Lake Geneva Region  
Tourist Office

Winter 2019/20



**LAUSANNE 2020**  
**Experience**  
the Olympic spirit

5-11

**Experience**  
life in the air

21-23

**Experience**  
winter at night

24-25

**2020**  
An exceptional year  
for sport

32-33





## Editorial

### *A year of sport!*

The year 2020 is a milestone in the history of the Canton of Vaud! From 9-22 January, all eyes will be on Lausanne 2020, which will become the stage for one of the biggest events ever organised in the region – the 3<sup>rd</sup> Youth Olympic Games (YOG). We are very proud to welcome you to this wonderful celebration!

The remaining part of this exceptional sports-filled year will also see the hosting of the Ice Hockey World Championship in Lausanne followed by the Bowls World Championship in Prilly-Lausanne, as well as the World Road-Bike Championships between Aigle and Martigny, in the Canton of Valais. A whole programme for the fans!

After admiration, it's time for action. As a prime winter destination, the Canton of Vaud unravels its landscapes and ultra-modern sports facilities from the Alps to the Jura mountains. Why not gain some height and travel through the air as your imagination is taken to Château-d'Œx's International Balloon Festival, thanks to the passionate testimony of balloon pilot Brian Jones. To allow you to rest after all these exploits, the region is overflowing with wellness offerings and new ways to relax.

For culture enthusiasts, Plateforme 10 - the long-awaited urban museum hub - is to open its doors in the autumn, just next door to Lausanne's train station.

Whether in the mountains, in the countryside or in town, a lungful of fresh air awaits you as you experience an invigorating winter in the Canton of Vaud.

Andreas Banholzer  
Director of the Lake Geneva Region Tourist Office

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The best of the Canton of Vaud is only a few clicks away

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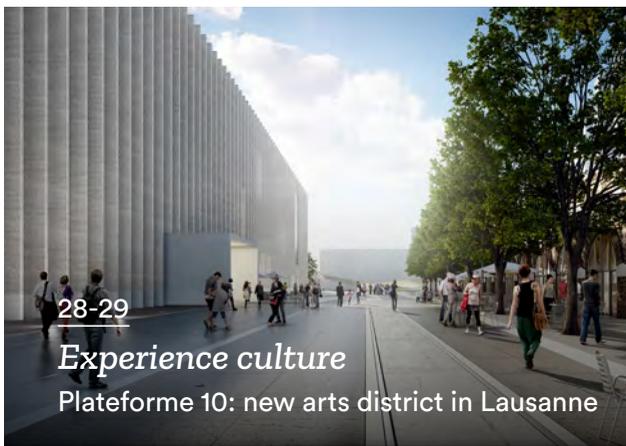
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# The best of the Canton of Vaud is only a few clicks away!

All the attractions and news of the region are only a few clicks away on the tourism portal:

[www.lake-geneva-region.ch](http://www.lake-geneva-region.ch)



## Mobile App Vaud:Guide

Find the activity that corresponds to your area of interest without worrying about the weather or opening times: the app will provide you with all the information! Available on iPhone, iPad and Android.

[apppmobile.lake-geneva-region.ch](http://apppmobile.lake-geneva-region.ch)

## Online booking

Book your accommodation quickly and in total security.

[booking.lake-geneva-region.ch](http://booking.lake-geneva-region.ch)

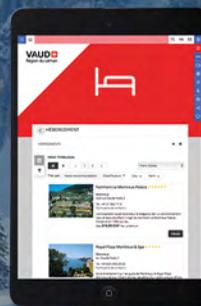
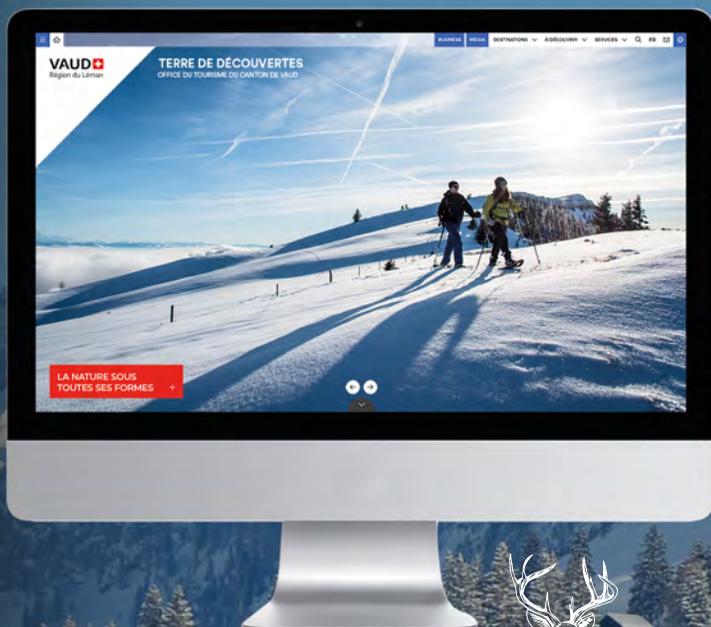
## Brochures

All our brochures are available on [brochures.lake-geneva-region.ch](http://brochures.lake-geneva-region.ch)

## E-Newsletter

Uninspired ?  
Subscribe to our monthly e-newsletter.

[newsletter.region-du-leman.ch](http://newsletter.region-du-leman.ch)



## Share

your pictures, travel experiences and tips with other people who love the region!

[#myvaud](https://www.instagram.com/myvaud)

-  [youtube.com/regionduleman](https://www.youtube.com/regionduleman)
-  [facebook.region-du-leman.ch](https://www.facebook.com/region-du-leman.ch)
-  [twitter.region-du-leman.ch](https://twitter.com/region-du-leman)
-  [instagram.com/myvaud](https://www.instagram.com/myvaud)



## Enjoy and share

... encounters, recipes, discoveries on [youtube.com/regionduleman](https://www.youtube.com/regionduleman)



myvaud.ch/ht

Video  
All winter delights are in the Lake Geneva Region!



## EXPERIENCE WHAT'S NEW



### Switzerland as a film set

In Morges, the Backdrop Switzerland exhibition dives into those adventure and spy films that feature Switzerland in the background. From Lake Geneva to the Alps – by way of Heidi – this is a nod to the seventh art of filmmaking with movies like *Merci pour le chocolat* (2001) and *Goldfinger* (1961). Discover photos, posters and film excerpts at the Alexis Forel Museum from 12 October 2019 to 5 January 2020.

[www.museeforel.ch](http://www.museeforel.ch)

### Maximum fun thanks to the Magic Pass

From May until the end of the winter season, the unmissable Magic Pass opens up some 30 ski resorts in French-speaking Switzerland. In the Canton of Vaud, the pass covers Villars-Gryon, Les Diablerets, Leysin, Les Mosses, La Lécherette, Les Pléiades, Les Rochers-de-Naye and Vallée de Joux. A paying option allows you to extend the pass to cover Glacier 3000 from 9 November 2019.

[www.magicpass.ch](http://www.magicpass.ch)



### Christmas trail of lights at Chaplin's World

Experiencing the magic of the Christmas holidays in one of the most enchanting places in the canton is possible thanks to the Christmas trail of lights at Chaplin's World. Set on the hills overlooking Vevey, the majestic property where Charlie Chaplin once lived contains a wonderful tour punctuated with luminous decorations. The 'trail of lights ticket' provides access to the whole museum.

[www.chaplinsworld.com](http://www.chaplinsworld.com)

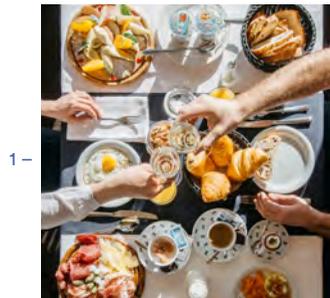




# INSTAMOMENTS

## #myvaud

Instagram provides a great source of inspiration to discover our region, with its walks, shopping locations, handicrafts, and great places to eat. Discover our selection of accounts and hashtags to experience a magical winter.



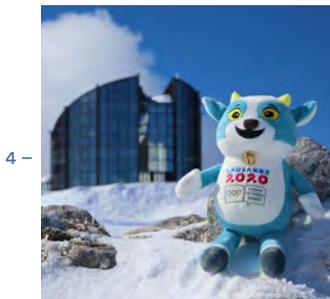
1 -



2 -



3 -



4 -



5 -



6 -



7 -



8 -



9 -

### 1 - @glacier3000

Savour the delicious Peak Brunch at the Botta Restaurant, perched at an altitude of 3000 metres! With an enchanting backdrop surrounded by peaks, this eatery is seductive due to both its modern architecture and delicious menu.

### 2 - @yverdonlesbainsregion

The Yverdon-les-Bains region holds an abundance of little-known natural beauty spots at the heart of the Jura massif. From the top of Le Chasseron and its restaurant of the same name, a unique panorama overlooking Switzerland and France opens up.

### 3 - #chiensdetraîneau

With its pistes and glaciers, the Canton of Vaud sometimes resembles the Far North! Crunching snow as you ride on a sled pulled by dogs will even take you on a journey that is beyond your hopes and dreams.

### 4 - @lausanne2020 @leysin.tourisme

The resort of Leysin has the honour of welcoming the Youth Olympic Games, with this exceptional event taking place from 9 to 22 January 2020. Whether in the Alps, the Jura or in Lausanne, come and experience the rhythm of sport!

### 5 - @paysdenhaut

With its pine trees powdered in snow, wooden chalets and local cheese delicacies, the Pays-d'Enhaut offers a real dream for all those who love nature, hiking and pure air.

### 6 - @lesbainsdelavey

A moment of relaxation par excellence awaits you at the Lavey Baths, where you dive into hot thermal waters and gaze at the surrounding mountains.

### 7 - @tacave.ch

Located in Lausanne, Ta Cave is the first Swiss bar to open thanks to crowdfunding! Its relaxed, offbeat and warm ambiance makes it a must-visit when the time arrives for an appetiser.

### 8 - #stcergue

To discover Saint-Cergue's charm, choose carbon-free transport on board the Nyon-Saint-Cergue-La Cure train, which crosses idyllic landscapes.

### 9 - @montreuxnoel

Switzerland's biggest Christmas market enchants all visitors with its wooden chalets, cinnamon scents, and luminous decorations, as well as shopping or a glass of mulled wine.



# EXPERIENCE THE OLYMPIC SPIRIT LAUSANNE 2020

*Sports fans from all over the world are eagerly awaiting the 3<sup>rd</sup>  
Youth Olympic Games (YOG), from 9-22 January 2020!*



# LAUSANNE 2020

## THINGS ARE HOTTING UP FOR THE YOUTH OLYMPIC GAMES

From Lausanne's Youth Olympic Village to the resorts in the Alps and Jura, a youthful and unifying Olympic flame is lighting up the whole region. All eyes are on the world's best athletes aged 15 to 18, who will face one another from 9 to 22 January 2020. This is a festival devoted not just to sport, but also to culture and education.



### Lausanne

The heart of the Games with the Olympic Village, the ceremonies and all the sports taking place on ice. Ice hockey, figure skating, short track speed skating



### Les Diablerets

Downhill skiing



### Champéry (Valais)

Curling



### Vallée de Joux

Cross-country skiing



### Leysin

Freestyle (halfpipe, slopestyle), snowboard (halfpipe, slopestyle)



### Villars

Ski cross, snowboard cross, ski mountaineering



### Saint-Moritz (Graubünden)

Bobsleigh, skeleton, luge, speed skating



### Les Tuffes (in neighbouring France)

Biathlon, Nordic combined, ski jumping



Sports



Disciplines



Events



Athletes between 15 and 18 years old



Countries



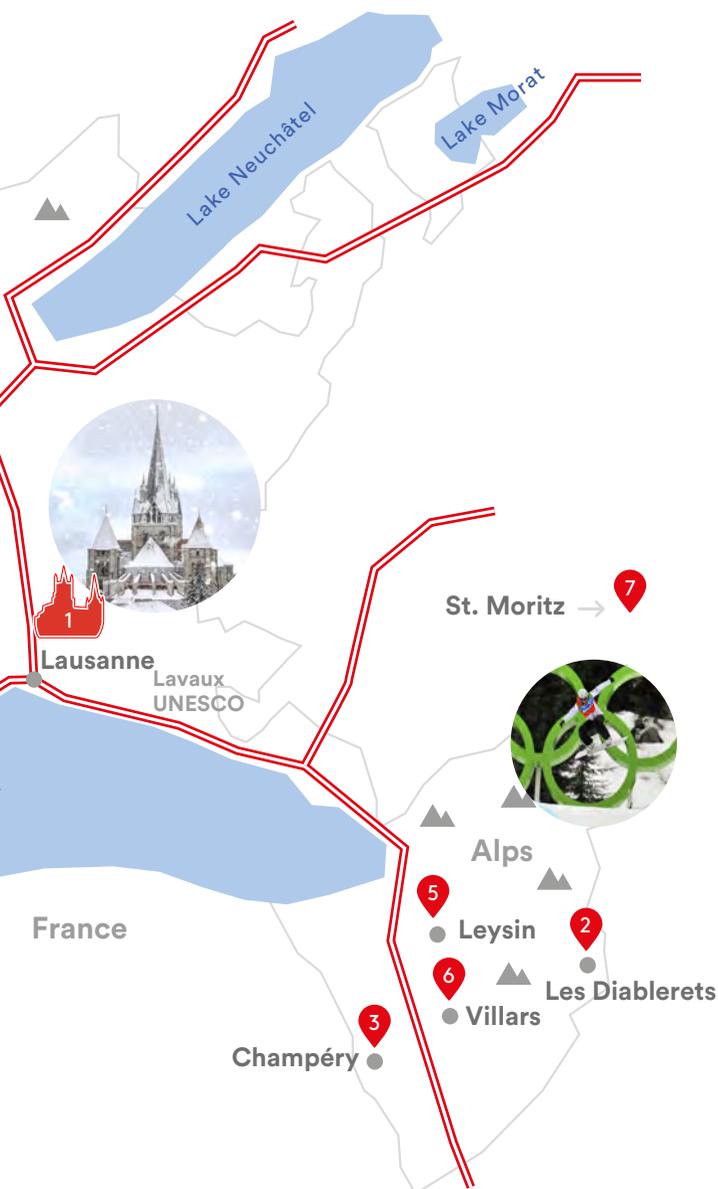
Days of competition and festivals



Host locations



Volunteers



## When tradition meets innovation

While the majority of traditional Olympic events are on the programme, the YOG also serve as a sports laboratory. Several of the disciplines will see a new approach, such as ice hockey, one of whose tournaments will consist of three against three, in addition to the traditional 6-player tournament. A women's Nordic combined also takes place for the first time, while ski mountaineering is also to become the eighth sport on the YOG's programme, with 48 athletes taking part. It is worth noting that many events are not battled out according to nationality. This is to allow countries the opportunity to compete, despite not having enough athletes at the start. Athletes from different countries are placed together in the following disciplines: ice hockey, curling, speed skating, short track speed skating, figure skating, and ski mountaineering.

## Brand new facilities

Modern and innovative facilities are emerging during the Games. This is the case at the Vaudoise Arena in Lausanne/Malley, a new 9,500-capacity ice rink that hosts the opening ceremony and many of the sporting events. Also in Lausanne is the Vortex, a building in the shape of the Olympic rings that serves as the YOG's Olympic Village and provides accommodation for the 1,880 athletes and their entourage. Built on the campus belonging to the University of Lausanne (UNIL) and Lausanne's Federal Institute of Technology (EPFL), it will become student accommodation after the YOG.

## New developments in the resorts

The resorts in the Alps and Jura are also introducing new features. At Les Diablerets, the new Diablerets Express gondola opened just a year ago, while the Jorasse ski run, which was widened for competitions, now complies with International Ski Federation (FIS) standards. In Villars, an FIS-complying ski cross run has also opened, while in Leysin a new snowpark awaits amateurs, with a halfpipe at Chaux-de-Monts that is one of the few in Europe. As for the cross-country skiing runs in the Vallée de Joux, they are also officially recognised by the FIS.



All useful information about Lausanne 2020:

[www.region-du-leman.ch/yog-2020](http://www.region-du-leman.ch/yog-2020)

LAUSANNE  
2020



YOUTH  
OLYMPIC  
GAMES



## Discovering a variety of sports for the first time

In collaboration with the sports clubs and associations, as well as certain federations, people of all ages have the opportunity to discover the joys of sport, more specifically winter sports, right in the city centre. The following sports can be tried out:

- |  |   |
|--|---|
| <b>1</b> Curling, hockey, ice skating, ski jumping<br>(Quartier du Flon) | <b>5</b> Ski mountaineering<br>(Route de Bel-Air) |
| <b>2</b> Bobsleigh<br>(Avenue Jean-Jacques-Mercier)                      | <b>6</b> Climbing<br>(Place de l'Europe)          |
| <b>3</b> Skiing<br>(Rue Pépinet)   | <b>7</b> Urban sports<br>(Place Centrale)         |
| <b>4</b> Biathlon and cross-country skiing<br>(Quartier du Rôtillon)     | <b>8</b> eSport<br>(Espace Arlaud)                |

This remarkable range of sporting activities combined with a truly 'après-ski' ambiance turns Lausanne, at least during the Games, into one of the Canton's new ski resorts.

## Applauding the day's medal winners

Every evening, the awards ceremonies take place on the Flon esplanade. This is the chance to get together and congratulate the day's victors. The public is invited to meet at the city centre's various squares where a rich and varied cultural programme takes place. Performances, shows, concerts or just 'after work' music parties can be watched and experienced before and after applauding the day's champions.

## Watching a multidisciplinary show

Among the flagship events at **Lausanne en Jeux!**

**7** BodyCity is the result of a marriage between art and urban sport. This show, which was specially created for this occasion by artistic director Nicolas Musin is an innovative creation, contemporary in form and universal in its message, entirely based on the interaction between images and bodies. A mapping video is created by Lausanne's Cantonal School of Art (ECAL) and projected onto a screen of 280m<sup>2</sup>, set up in the Place Centrale. As for the musical work itself, it is composed by members of the Haute École de Musique de Lausanne (HEMU), the city's university of music.

BodyCity brings about the interaction of no less than 30 young performers recruited from associations, as well as 40 dancers from the Rudra-Béjart dance school, who perform in a physical and digital decor that is open-air.

## Discover a wide range of cultural events

More than 40 performers and artists are teaming up with **Lausanne en Jeux!** to put on exhibitions, performances and concerts that are linked in some way to the Youth Olympic Games, winter sports, and sport in general. The cultural organisations taking part are looking forward to presenting a colourful array of events for one and all to discover!



# THE AREAS BEATING TO THE DRUM OF THE YOG

*The host sites are pulling all the stops out to welcome the Youth Olympic Games, with strong support from local businesses and inhabitants. Decorations painted in the YOG colours, the discovery of new sports, concerts and victory ceremonies all liven up the Games' sites outside of Lausanne.*

With its Athletes' Village, Lausanne - the world's Olympic capital - is the Games' nerve centre. Every evening, the Place des Médailles in the Quartier du Flon is where the competitors are officially awarded their medals. But throughout the Games, the villages in the Alps and Jura should not be overlooked as they too offer memorable experiences for the thousands of athletes competing and the crowds who have come to cheer them on.

## VALLÉE DE JOUX

In the heart of the Vallée de Joux, the Sentier party square is lively with daily entertainment and serves food from 5 pm. In this same village, l'Espace Horloger hosts a temporary exhibition relating to stopwatch timing in sport. A floor further down, the gallery L'Essor retraces the history of cross-country skiing and ski jumping. During the weekend, members of the public can also try out winter sports, such as cross-country skiing.

[valleedejoux2020.ch](http://valleedejoux2020.ch)

## VILLARS

Villars' Christmas market is playing extra time until the YOG in January 2020, with its traders and various forms of 'après-ski' entertainment. The resort also organises an initiation to the boardercross starting gate on the ski run open to the public, as well as an introduction to skiing and snowboarding. In Bretaye, the zone is open entirely to the public hosts concerts on weekends and during competition days.

[villars-diablerets.ch](http://villars-diablerets.ch)

## LES DIABLERETS

During the competition, the 'Olympic hamlet' in Les Diablerets opens for the whole day with a variety of entertainment and restaurants. On 11 and 12 January 2020, the Fête de la Glisse, a key event celebrating winter sports, which is organised by the tourist office, will be held. A winter sports passport costing 5 francs allows you to try out many sports such as biathlon, ski jumping, ice hockey, cross-country skiing, ice skating, curling, downhill skiing, ski mountaineering and telemark. And don't forget the 'après-ski' entertainment put on by ARCAD and Les Diablerets youth organisation, as well as DJ sets at the Maison des Congrès on Friday and Saturday evenings.

[diablerets2020.ch](http://diablerets2020.ch)

## LEYSIN

Leysin's sports centre and swimming pool is at the heart of the party, and is the place to be during the YOG. The building's halls have been set up for the various planned activities in the resort such as conferences, concerts and other festive entertainment. The village also includes a space where the public can try out various freestyle summer sports.

[aigle-leysin-lesmosses.ch](http://aigle-leysin-lesmosses.ch)





# WINTER IN THE CANTON OF VAUD IS ...

≡ 107 M ≡

The length of the Peak Walk by Tissot, the world's only suspension bridge connecting two summits.

2

Spas located in Lavey-les-Bains and Yverdon-les-Bains.

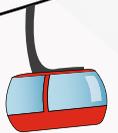
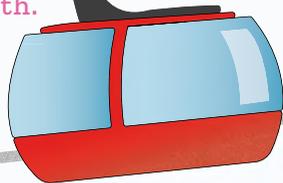


≡ 534 KM ≡

The length of ski runs ready for you to hurtle down.

1

The number of Olympic medals won by athlete Fanny Smith.



≡ 7,2 KM ≡

The longest toboggan run awaits you in Les Diablerets.

# 3000 M OF ALTITUDE

The tallest peak is in Les Diablerets and is called Glacier 3000.



# ≡ 544 KM ≡

The total length of cross-country ski runs (classic style and skate style) spread out between the Jura mountain range and the Alps.



# 9,5 KM<sup>2</sup>

The surface area of Lake Joux, which is sometimes transformed into a natural ice rink.



# ≡ 360 DEGREES ≡

The rotation of Le Kuklos, the revolving restaurant with views of the Eiger and Mont Blanc.



# 20

The number of snowshoe SwitzerlandMobility tracks in the canton.





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## WELCOME TO THE LAND OF WINTER!

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*With its warm encounters, peaceful nature and friendly atmosphere, winter in the Canton of Vaud is everything but a cold season! Each winter destination proves this in its own way...*

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*The Canton of Vaud really is a distilled version of Switzerland and comprises such varied landscapes that many will experience their favourite winter here. Available to visitors are snow-covered panoramas at the entrance to towns, unspoiled stretches of land to explore, and of course icy peaks that willingly set the scene for sporting feats.*

*Whatever the chosen destination, the warmth of typical restaurants and their authentic welcome remain constant and spending time in them is a wonderful way to conclude all types of excursions.*

# AIGLE - LEYSIN - LES MOSSES

## Sport, nature and escape

Those who love feeling a sense of freedom when skiing or snowboarding have a great time here! Known for its snowpark, the ski slopes of Leysin - Les Mosses - La Lécherette are overlooked by a panoramic revolving restaurant called Le Kuklos. Closer to the ski resort's centre in Leysin, the Tobogganing Park and Snow Village delight those who love fun activities in unusual places. Meanwhile at the Col des Mosses, nature provides the perfect playground for cross-country skiing and snowshoeing.



 Youth Olympic Games  
Leysin - January 9 - 22 2020

Altitude of 1263-2331 m

100 km of ski slopes

49 km of classic cross-country skiing

49 km of skating cross-country skiing

74 km of snowshoe trails

23 km of winter trekking trails

- 1** Vaud Alps Nordic Space  
T. +41 (0)24 491 14 66  
[www.espacenordique.ch](http://www.espacenordique.ch)
- 2** Tobogganing Park  
T. +41 (0)79 377 96 71  
[www.tele-leysin-mosses.ch](http://www.tele-leysin-mosses.ch)
- 3** Kuklos, revolving restaurant  
T. +41 (0)24 494 31 41  
[www.tele-leysin-mosses.ch](http://www.tele-leysin-mosses.ch)

- 4** Snow Village  
T. +41 (0)79 508 54 28  
[www.villagedesneiges.ch](http://www.villagedesneiges.ch)

- 5** Aigle Castle  
T. +41 (0)24 466 21 30  
[www.chateauaigle.ch](http://www.chateauaigle.ch)

- 6** Leysin sports facilities  
T. +41 (0)24 493 22 70  
[www.sportleysin.ch](http://www.sportleysin.ch)

# VILLARS - GRYON - LES DIABLERETS

## Relaxation and altitude

With its thermal spring at Lavey-les-Bains – the hottest in Switzerland – and the new baths in Villars, the region is a hot spot for relaxation in the Vaud Alps. Wellbeing and amusement have never been so close together, what with the Fatbikes, the seven kilometre toboggan run to Les Diablerets, the snowpark and the numerous activities you can take part in at Glacier 3000, sometimes called the Canton of Vaud's roof top. A varied ski area, ideal for all types of skiers.

Altitude of 1200-3000 m

112 km of ski slopes

94 km of classic cross-country skiing

109 km of skating cross-country skiing

89 km of snowshoe trails

84 km of winter hiking

7 km of winter trekking trails

- Including Glacier 3000 -

[myvaud.ch/villars-gryon-diablerets-en](http://myvaud.ch/villars-gryon-diablerets-en)

- 1 **Villars Wellness Centre**  
T. 41 (0)24 495 12 21  
[www.cds-villars.ch](http://www.cds-villars.ch)
- 2 **Lavey Wellness Centre**  
T. +41 (0)24 486 15 55  
[www.bains-lavey.ch](http://www.bains-lavey.ch)
- 3 **Glacier 3000**  
T. +41 (0)24 492 33 77  
[www.glacier3000.ch](http://www.glacier3000.ch)
- 4 **Bretaye Snowpark**  
[www.villars-diablerets.ch](http://www.villars-diablerets.ch)
- 5 **Recreational area at Frience**  
T. +41 (0)24 498 00 00  
[www.villars-diablerets.ch](http://www.villars-diablerets.ch)



 Youth Olympic Games

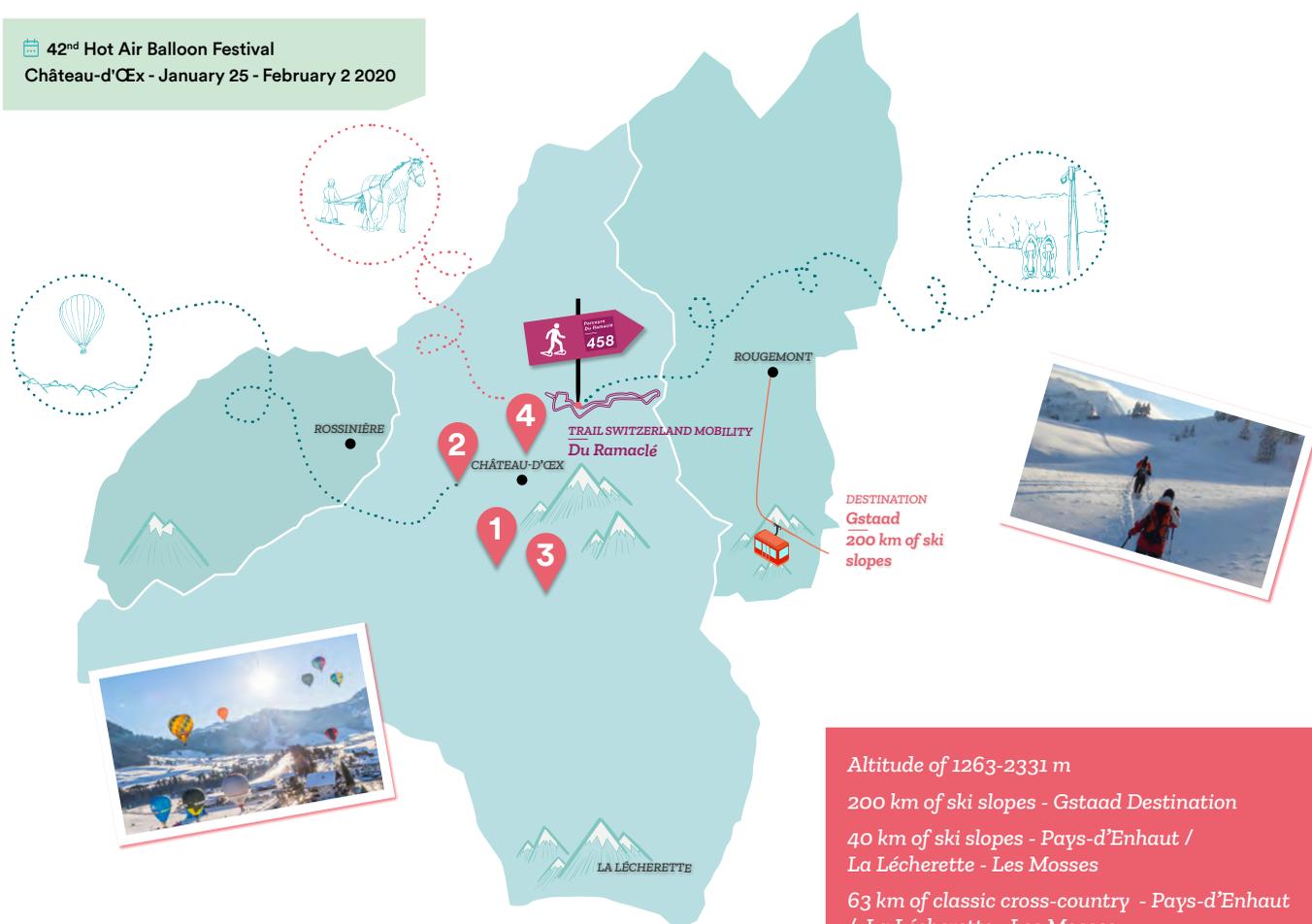
Villars and Les Diablerets - January 9 - 22 2020

# CHÂTEAU-D'ŒX - ROUGEMONT - ROSSINIÈRE (PAYS-D'ENHAUT)

## The poetry of an authentic winter

Experience a winter dream in a region where nature is to be explored and traditions discovered, where paper cuttings (an art form in the region) tell a thousand stories. The picturesque landscapes lend themselves perfectly to snowshoe excursions and cross-country skiing, not forgetting Destination Gstaad's 200km of ski runs. Thanks to its climate, Château-d'Œx is the capital of hot air balloons, and you can discover them during the International Hot Air Balloon Festival and at the Espace Ballon museum. Another unique activity is skjöring, which blends skiing with horse-riding (the skier is pulled along by a horse).

42<sup>nd</sup> Hot Air Balloon Festival  
Château-d'Œx - January 25 - February 2 2020



Altitude of 1263-2331 m

200 km of ski slopes - Gstaad Destination

40 km of ski slopes - Pays-d'Enhaut /  
La Lécherette - Les Mosses

63 km of classic cross-country - Pays-d'Enhaut /  
La Lécherette - Les Mosses

54 km of skating cross-country - Pays-d'Enhaut /  
La Lécherette - Les Mosses

24 km of winter trekking trails - Pays-d'Enhaut /  
La Lécherette - Les Mosses

**1** Time measured circuit Les Moulins -  
snowshoeing / ski touring  
T. +41 (0)26 924 25 25  
[www.chateau-doex.ch/chrono](http://www.chateau-doex.ch/chrono)

**3** Snow Village  
T. +41 (0)26 924 25 25  
[www.chateau-doex.ch](http://www.chateau-doex.ch)

**2** Ballooning Centre  
T. +41 (0)78 723 78 33  
[www.espace-ballon.ch](http://www.espace-ballon.ch)

**4** Skjöring and horse carriage  
ride with cheese fondue  
T. +41 (0)26 924 50 37  
[www.manege-chateau-doex.ch](http://www.manege-chateau-doex.ch)

[myvaud.ch/pays-denhaut-en](http://myvaud.ch/pays-denhaut-en)

# JURA

## Splendour of the Vaud Jura in the heart of winter

The Vaud Jura is ideal for those who wish to reach summits that are more rounded compared to the jagged peaks of the Alps. Visitors can take part in cross-country skiing, downhill skiing, snowshoeing and dog sled racing among wonderful landscapes. Meanwhile, traditional mountain restaurants and thermal baths provide nourishment for body and soul.



### Saint-Cergue

At the heart of Vaud's Parc Jura, Saint-Cergue is the gateway to La Dôle, a 1677 m mountain peak. On the Givrine mountain pass, you can take part in cross-country skiing, downhill skiing or snowshoeing in between pastures and snow-covered forests, which are abundant in the Vaud Jura. Families particularly appreciate l'Espace Dôle thanks to ski runs that are suitable for children and adults, the views over Lake Geneva and the Alps, its alpine fondues, and numerous walks. In Saint-Cergue, the floodlit ski runs promise a memorable evening of night time skiing followed by a delicious fondue.

Altitude 1044-1677 m  
44 km of ski slopes  
35 km of classic cross-country skiing  
35 km of skating cross-country skiing  
30 km of snowshoe trails  
12 km of winter trekking trails  
5 km of dog sled slopes

[myvaud.ch/stcergue-en](http://myvaud.ch/stcergue-en)

**1 Espace Dôle**  
T. +41 (0)22 360 13 14  
[www.lacote-tourisme.ch](http://www.lacote-tourisme.ch)

**2 Espace La Trélasse**  
T. +41 (0)22 360 16 46  
[www.latrelasse.ch](http://www.latrelasse.ch)

### Vallée de Joux

The floodlit ski run of L'Orient provides an experience that is unique in the region, with its night time opening until 10pm and the entire Vallée de Joux that constitutes a paradise for cross-country skiing. The re-opening of l'Espace Horloger in the autumn of 2019 lines up some nice surprises at Le Sentier, with a brand new display of exhibits. And all this effort is rewarded by a good Vacherin Mont-d'Or AOP runny cheese, enjoyed with a piece of bread or toasted golden in the oven and served with baked potatoes.

Altitude of 1004-1678 m  
42 km of ski slopes  
220 km of classic cross-country skiing  
220 km of skating cross-country skiing  
47 km of snowshoe trails  
24 km of winter trekking trails

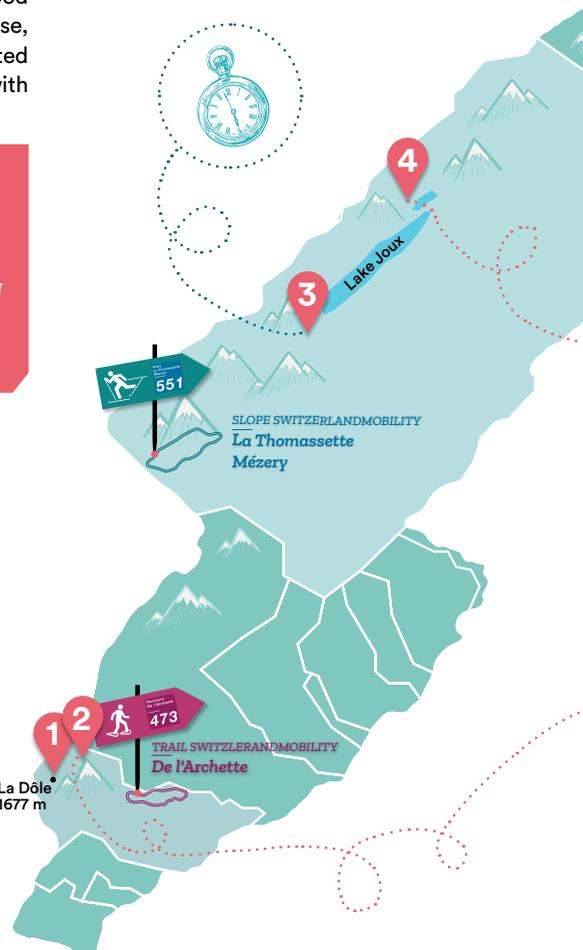
[myvaud.ch/valleedejoux-en](http://myvaud.ch/valleedejoux-en)

**3 Espace Horloger - Le Sentier**  
T. +41 (0)21 845 75 45  
[www.espacehorloger.ch](http://www.espacehorloger.ch)

**4 Vacherin Mont-d'Or Museum**  
T. +41 (0)21 841 22 90  
[www.vacherin-le-pelerin.ch](http://www.vacherin-le-pelerin.ch)

**Youth Olympic Games**  
Vallée de Joux - January 9 - 22 2020

**Kiss and Ski**  
Saint-Cergue - February 14 2020





 **Snowscout - Spirit of Lausanne 2020**  
Sainte-Croix / Les Rasses - January 15-21 2020



## Sainte-Croix / Les Rasses

The Marathon des Rasses (the MARA) takes place on the first Sunday in March, which is the highest point of the cross-country skiing season and celebrates its 50<sup>th</sup> edition in 2020. The proximity of the thermal baths in Yverdon-les-Bains means that you can unwind, while the famous automatons and music boxes attract gadget aficionados to the CIMA museum in Sainte-Croix. Reachable in one hour on snowshoes, La Casba is a mountain hut where you can enjoy a plate of rösti or a dish of seasonal game.

**5 Thermal Centre at Yverdon-les-Bains**  
T. +41 (0)24 424 64 64  
[www.bainsyverdon.ch](http://www.bainsyverdon.ch)

**6 CIMA Museum**  
T. +41 (0)24 454 44 77  
[www.musees.ch](http://www.musees.ch)

Altitude of 1100-1607 m  
20 km of ski slopes  
100 km of classic cross-country skiing  
100 km of skating cross-country skiing  
65 km of snowshoe trails  
8 km of winter trekking trails

 [myvaud.ch/sainte-croix-lesrasses-en](http://myvaud.ch/sainte-croix-lesrasses-en)

# ROCHERS-DE-NAYE / LES PLÉIADES

## Winter on the towns' doorstep

Overhanging the Swiss Riviera on the shores of Lake Geneva, the family-friendly resorts of Rochers-de-Naye and Les Pléiades provide a change of scenery in the form of snow-covered mountains, a stone's throw from the towns of Montreux and Vevey. You can access them quickly thanks to the charming little trains, which leave not far from the lakeside. Arriving there, you will be able to take advantage of these gentle ski runs, the local restaurants, as well as the unrestricted views. Above Vevey, the Mont-Pèlerin is also the starting point of a pretty path for those who love snowshoeing!



Altitude 396-2042 m

16 km of ski slopes

27 km of classic cross-country skiing

27 km of skating cross-country skiing

31.45 km of snowshoe trails

7 km of winter trekking trails

2.6 km of sledging slopes

Montreux Christmas Market - Montreux  
21 November - 24 December 2019

**1 MOB – GoldenPass**  
T. +41 (0)21 989 81 90  
[www.goldenpass.ch](http://www.goldenpass.ch)

**2 Pléiades regional tourism centre**  
T. +41 (0)79 319 36 06  
[www.montreuxriviera.com](http://www.montreuxriviera.com)

**3 Les Avants sledding slope**  
T. +41 (0)21 964 55 35  
[www.lesavants.ch](http://www.lesavants.ch)

**4 Freeride Experience in Jaman**  
T. 41 (0)21 964 16 21  
[www.ecoleskimontreux.ch](http://www.ecoleskimontreux.ch)



## BRIAN JONES

### *British balloon pilot*

As well as being a world famous balloon pilot who circumnavigated the globe non-stop, Briton Brian Jones is also someone who loves the Canton of Vaud. Along with his balloon partner, Lausanne-native Bertrand Piccard, he remains a faithful ambassador of the International Hot Air Balloon Festival. Its 42<sup>nd</sup> edition takes place from 25 January to 2 February 2020 in Château d'Oex.

#### **Why did you choose Château-d'Oex as the starting point for your round-the-world balloon journey in 1999?**

Château-d'Oex was selected for several reasons. Its situation in the valley gives good weather protection from most wind directions with easily predictable winds throughout the day (anabatic and katabatic effects caused by the mountains). Having been a popular ballooning centre for many years, there was enthusiastic local expertise and infrastructure available to assist in the complexities of launching this massive balloon. Our team was convinced that these advantages outweighed the benefit of launching in Southern Spain or North Africa, chosen by our competitors.

#### **What memories do you have of this historic take-off?**

Our take-off remains very clear in my mind. Having explained the predictability of the weather, mother nature can, and often does, still catch us out with her surprises. So it was on the morning of our launch when unexpected wind gusts appeared and made our plans fraught with difficulties.

In fact, our take-off was described by one journalist as “more of an escape than a take-off”. As our balloon lifted off, Bertrand and I were concentrating hard on keeping it under control so although we did not see much, the noise was incredible. It consisted of cheers and screams from hundreds of onlookers which seemed to be competing with the church bells ringing out and the sound of the siren from the fire truck that the balloon had been securely tied to, plus the noise of the press helicopters buzzing around us.

#### **Where do you get your attachment to Château-d'Oex and its International Balloon Festival?**

My attachment to Château-d'Oex comes simply from that period when the Breitling Orbiter team were trying to produce a craft that would take us around the world non-stop. All three attempts were based in the area with our workshop premises in Les Moulins and the Landi field as our take-off site. I was privileged to make many friends during this time that my wife Joanna and I lived in the village. Too many to mention, except the outstanding help and friendship shown to us by Charles-André Ramseier who was at that time the director of tourism for the canton. Charles-André had been responsible for the introduction of the balloon festival in Château d'Oex, and all those years later was as enthusiastic as ever and works tirelessly for the good of the town and canton. These relationships were the principal reason for Joanna and I purchasing a property in Château-d'Oex and continuing to enjoy its charms for several years after our historic flight. As ambassadors of the festival, Bertrand and I do our utmost to continue to support it.



**What main developments have you noticed since the creation of this event more than 40 years ago?**

The Balloon Festival continues to be an event that sport balloonists around the world aspire to attend. The flying is quite unique and often challenging. There are few experiences that can compare with a balloon flight from Château-d'Œx to Gruyères. It is exciting to try to make it all the way, a little scary as you fly through the narrow gap in the mountains between Rossinière and Montbovon and truly beautiful during every second of the journey. The event continues to develop from an organisational point of view but the flying remains the same – something that a balloonist can simply not get enough of.

**In 2019 a new eco-balloon race was launched: the Piccard-Jones Eco Trophy. A way to highlight the environmental cause you care about?**

Bertrand and I of course encourage ecological environmental awareness in all areas. It is now what the Americans would call a “no-brainer”, and so I don't think I need to explain our motivation. The trophy that bears our name relates to the new eco-balloons, which are a development in the design and fabric used in a hot-air balloon. By designing a second internal skin to a balloon envelope it provides insulation and assists in retaining the heat of the hot air provided by the burners. The design can multiply the fuel duration by as much as 5 times that of a conventional design. Another alternative eco-balloon design is to use two different colour fabrics on each side of the balloon, black on one side and white or silver on the other. By rotating the balloon in flight, the pilot can take advantage of the effect of the sun's heat on the black fabric.

**Please name some activities not to be missed during a stay in the Canton of Vaud!**

I have been privileged to take advantage of many of the opportunities available to the visitor to the Canton of Vaud. Of course, the International Balloon Festival is top of my list. However, a tour of the wineries in their spectacular situation on the hillside between Lausanne and Vevey is essential, not to mention the festivals annually held in Montreux. Another unique opportunity not widely available but nevertheless unforgettable is to fly in the Alps in a glider. It seems unfair to me to single out these activities when there is so much available in this beautiful part of the world. A simple walk in the mountains above Château-d'Œx can bring an inner peace which simply cannot be described in words.

[www.espace-ballon.ch](http://www.espace-ballon.ch)



Web

Travelling with the wind

myvaud.ch/fr-en





*"I continued to enjoy Château-d'Œx's charms for several years after our historic flight"*





## SNOW UNDER THE STARS

Winter nights offer a unique atmosphere. The silence of nature that has gone to sleep and the reflection of the moon on the snow create an unforgettable feeling. In this enchanting setting, when the conditions allow it, the sensation of sliding on snow is improved tenfold, whatever the age or ability of those who partake in this unique experience.



### TOBOGGANING IN LES DIABLERETS

Measuring seven kilometres, the Canton of Vaud's longest run dedicated solely to tobogganing can also be hurtled down at night every Wednesday, Friday and Saturday.

[villars-diablerets.ch/en/P5978](http://villars-diablerets.ch/en/P5978)



### CROSS-COUNTRY SKIING IN CHÂTEAU-D'ŒX/ROUGEMONT

This one kilometre loop starting at Rougemont is floodlit every evening between 6 pm - 10 pm and can be used by cross-country skiers in classic or skating style.

[chateau-doex.ch/en/P9901](http://chateau-doex.ch/en/P9901)

### TOBOGGANING PARK IN LEYSIN

Several evenings every winter, the famous Tobogganing Park shines a spotlight on its runs, which are designed to be ridden down on a tyre's inner tube. Have even more fun after nightfall!

[aigle-leysin-lesmosses.ch/en/P492](http://aigle-leysin-lesmosses.ch/en/P492)



### CROSS-COUNTRY SKIING IN LES RASSES - LES CLUDS

Sainte-Croix / Les Rasses is a family ski resort that's heavenly for cross-country skiing and welcomes skiers by day and night on a floodlit loop between Les Rasses and Les Cluds

[yverdonlesbainsregion.ch/en/P4229](http://yverdonlesbainsregion.ch/en/P4229)

Eight night-time activities to experience winter differently

### SNOWSHOEING ON A LANTERN-LIT TRACK IN LES PLÉIADES

On Saturday evenings on the hills overlooking Vevey, hikers wearing snowshoes pace up and down two tracks thanks to the charming glow of kerosene lanterns.

[goldenpass.ch](http://goldenpass.ch)



### SKIING IN THE VALLÉE DE JOUX – L'ORIENT

In the Vallée de Joux the ski run called L'Orient, as well as the Railpark (snow park) and its 12 features, are open and floodlit from Wednesday to Saturday. Why not combine the experience with a delicious fondue!

[myvalleedejoux.ch/en/P4234](http://myvalleedejoux.ch/en/P4234)



### SKIING IN ST-CERGUE

St-Cergue is one of the pioneers in the Canton of Vaud when it comes to night-time skiing and it lights up three of its runs from Thursday to Saturday for the pleasure of those who like to ski or snowboard after work.

[lacote-tourisme.ch/en/P4233](http://lacote-tourisme.ch/en/P4233)



### SKIING IN LES DIABLERETS – WILLY FAVRE SKI RUN

The recently refurbished and widened floodlit 'Willy Favre' ski run in Les Diablerets skiing region awaits night skiers every Wednesday, Friday and Saturday.

[villars-diablerets.ch/en/P34171](http://villars-diablerets.ch/en/P34171)





### CHÂTEAU-D'ŒEX – Horse carriage ride with cheese fondue

Have you ever been for a wander in the Pays-d'Enhaut's magnificent countryside while eating an excellent organic fondue? This one-off gastronomic experience is possible in Château-d'Œex, and also happens to take place in a horse-drawn cart. Bookable throughout the year, this is an all-weather experience thanks to a cart that is covered.

[myvaud.ch/h4-en](http://myvaud.ch/h4-en)



### VALLÉE DE JOUX – Evening observation at the AstroVal

One of French-speaking Switzerland's largest telescopes awaits you under the dome of the AstroVal, for a fascinating journey to discover the Universe. Star clusters, nebulae, galaxies, Saturn and its rings, Mars, Venus and the moon reveal themselves in a beautiful Vallée de Joux night sky.

[myvaud.ch/h5-en](http://myvaud.ch/h5-en)



### VILLARS – The Baths in Villars and its Wellness space

Villars' thermal baths are by definition a place to re-energise and are also located in stunning surroundings in the heart of the Vaud Alps. The outdoor bubbling baths, hammams, saunas and resting rooms promise a moment of pure relaxation in freshly renovated premises.

[myvaud.ch/h6-en](http://myvaud.ch/h6-en)





Web  
Winter experiences  
[myvaud.ch/h3-en](http://myvaud.ch/h3-en)



## EXPERIENCE A GETAWAY

*By providing opportunities for expending energy through winter sports, savouring a brunch or fondue, relaxing in thermal waters, or observing the mysteries of the universe, the Canton of Vaud overflows with ways to escape! Whether in the mountains, countryside or in town, everyone chooses the ambiance that suits them.*

### ST-CERGUE – Night ski / snowshoeing pass + fondue

*It's well known - spending time in the snow makes you hungry! The night ski/snowshoe + fondue pass perfectly combines the pleasure of exerting yourself outdoors and the apres-ski reward of a meal. The offer includes a choice of five floodlit snowshoe tracks or three ski runs in the town centre, followed by a creamy fondue in one of the partner restaurants.*

[myvaud.ch/h7-en](http://myvaud.ch/h7-en)



### GRANDSON – Brunch at the Maison des Terroirs

*In the charming village of Grandson, the Maison des Terroirs offers an authentic and friendly setting for a brunch that is 100% local and homemade. Breads, jams, yoghurt, and a selection of cheeses and meats are some of the specialities you can enjoy.*

[myvaud.ch/h8-en](http://myvaud.ch/h8-en)

# PLATEFORME 10

## *new arts district*

Plateforme 10 is an innovative and unique project in Switzerland that is set to make Lausanne one of the major cultural cities in the country, as well as in Europe. Located a stone's throw from the train station, this new arts quarter will bring together the Musée cantonal des Beaux-Arts (MCBA), the Musée de l'Elysée, and the mudac. It will also house the Toms Pauli and Félix Vallotton Foundations. Going beyond their individual disciplines, these institutions will share more than just an ultra-modern location - they will build bridges to unite their specialisms to create a dynamic and inspiring space. With its museums, its places of sharing and learning, and a restaurant, Plateforme 10 will become an attractive cultural hub as much for the city's inhabitants as for visitors from all over the world.

On 5 October 2019, the launch of the MCBA in the new building, which is designed by Italian architects Fabrizio Barozzi and Spanish firm Alberto Veiga, marks Plateforme 10's first stage.

### *MCBA*

*Fine Art for the last 150 years*

The Musée cantonal des Beaux-Arts (Cantonal Museum of Fine Art), is among the oldest of Switzerland's museums dedicated solely to art. It contains some 10,000 works, many of which are donations. As a tribute to these works, the MCBA is to celebrate its new home through the exhibition *Atlas. Cartography of donations*.

**Opening on 5 October 2019**

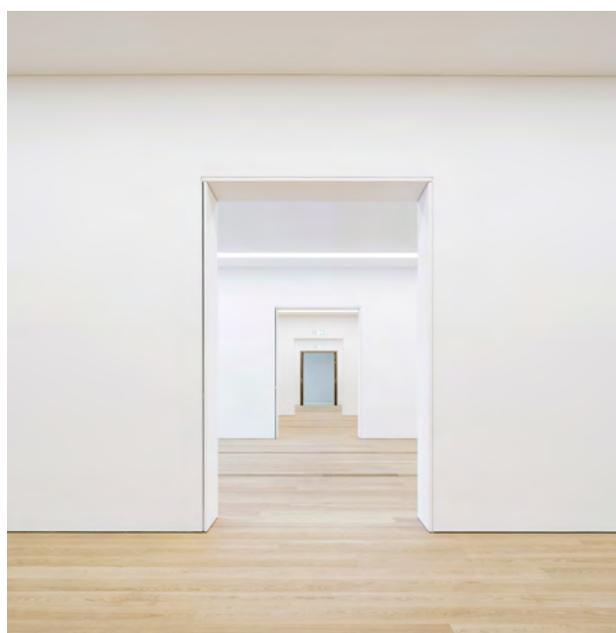
### *Musée de l'Elysée*

*Photography from all angles*

The Musée de l'Elysée devotes itself entirely to photography and is one of the most reputable institutions for this art form. Until October 2020, the museum will remain in a wonderful mansion, which has free entry.

**Closure in October 2020  
Re-opening in 2021**





## *Mudac*

*Design and contemporary art*

Unique to Switzerland, the mudac (Museum of Contemporary Design and Applied Arts) likes to mix things up when it comes to different styles. The curators are therefore likely to have the time of their lives in their new playground.

**Opening in 2021**

## *Félix Vallotton Foundation*

*Recognising the 'jack of all trades' artist*

As a permanent centre for research and documentation, the Félix Vallotton Foundation already works with its future neighbour, the MCBA. This museum holds the largest collection of artwork from an artist who is particularly known for his black and white illustrations and engravings on wood.

## *The Toms Pauli Foundation*

*Textile art in the spotlight*

Dedicated to studying, conserving and highlighting ancient and modern textile artwork, the Toms Pauli Foundation houses, among others, the collection of tapestries and embroideries that was left to them by Mary Toms.

*For more information,  
visit Plateforme 10's website*

[www.plateforme10.ch](http://www.plateforme10.ch)

# EXPERIENCE A MOMENT TO YOURSELF FORGET EVERYTHING - TAKE A WELLNESS BREAK

*The Canton of Vaud is overflowing with charming places to visit, often combining exceptional views with first-rate wellness centres. A multitude of relaxing ambiances await you - everything from the splendour of the historical Belle Epoque buildings to the traditional elegance of mountain chalets, as well as the serenity of the spas.*





**Hotel Le Grand Chalet in Leysin**

After a day skiing, hiking or mountain-bike riding, why not take advantage of the massage pass, enabling you to immerse yourself in 37-degree water in the spa's jacuzzi. Whether in summer or winter, admire the year long views of the mountains and glaciers! Enjoy the regional and international dishes served at La Ferme à Fredy (Fredy's Farm), one of Leysin's best restaurants and where there is a family atmosphere.

[www.grand-chalet.ch](http://www.grand-chalet.ch)



**Grand Hotel des Bains in Lavey**

At the foot of the Dents du Midi peaks, a feeling of calm and peacefulness awaits you at the Grand Hotel des Bains in Lavey. The hotel provides direct access to the thermal baths, steam rooms and saunas, as well as the wellness space with its large choice of massages and treatments. There are also two restaurants, a snack bar, and drinks bar on site.

[www.bains-lavey.ch](http://www.bains-lavey.ch)



**Grand Hotel des Rasses in Sainte-Croix/ Les Rasses**

Named 'Historic hotel of the year 2019' and built in 1898, this hotel is perfectly refurbished, with rooms reflecting the different phases of construction; it also has a spa. Its location at an altitude of 1200 metres means it enjoys a dazzling view of the Alps, the Mont Blanc and Jungfrau. Its Belle Epoque restaurant serves regional modern dishes, while the restaurant/bistro called La Boîte à Musique (Music Box) offers a more authentic setting.

[www.grandhotelrasses.ch](http://www.grandhotelrasses.ch)

# 2020

## AN EXCEPTIONAL YEAR FOR SPORT

*As a sporting year that is out of the ordinary, 2020 is set to delight sports fans who will be able to watch the world's best international athletes! Vast areas of the Canton of Vaud will turn into a giant track to welcome the Youth Olympic Games and several world championships. The sporting events take place in exceptional surroundings, with an electric atmosphere.*

9-22

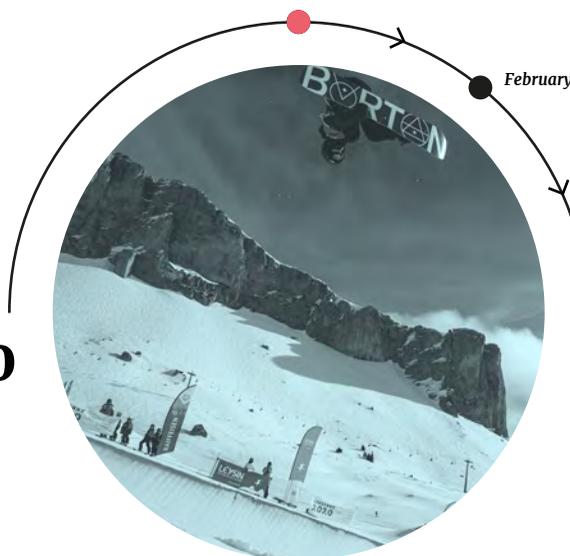
### January

#### Youth Olympic Games

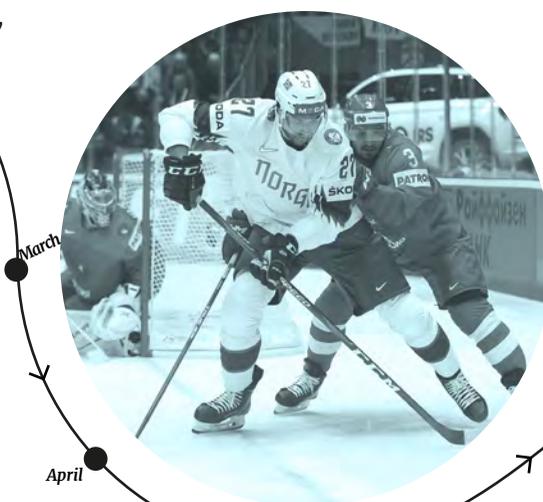
The international athletes aged 15-18 converge in the Canton of Vaud for an event of epic proportions: the 3rd Youth Olympic Games (YOG). Taking part in events from the Vaud Alps to the Jura via Lausanne 2020, these youngsters wear their countries' colours with pride. Through sport, they also defend values that are dear to the Olympic ethos: "Competing, learning and sharing!"

[lausanne2020.sport](http://lausanne2020.sport)

2020



February



March

April

8-24

### May

#### IIHF Ice Hockey World Championship

The World Championship provides the chance to see the world's ice hockey elite come head to head on the ice. Taking place on two sites, in Lausanne and Zurich, the preliminary tours are likely to be tough, bringing together the best teams from the World Championship and the Olympic Games from the last four years. As well as day passes, tickets for individual games are on sale from February/March 2020.

[iihf.com/fr/events/2020/wm](http://iihf.com/fr/events/2020/wm)

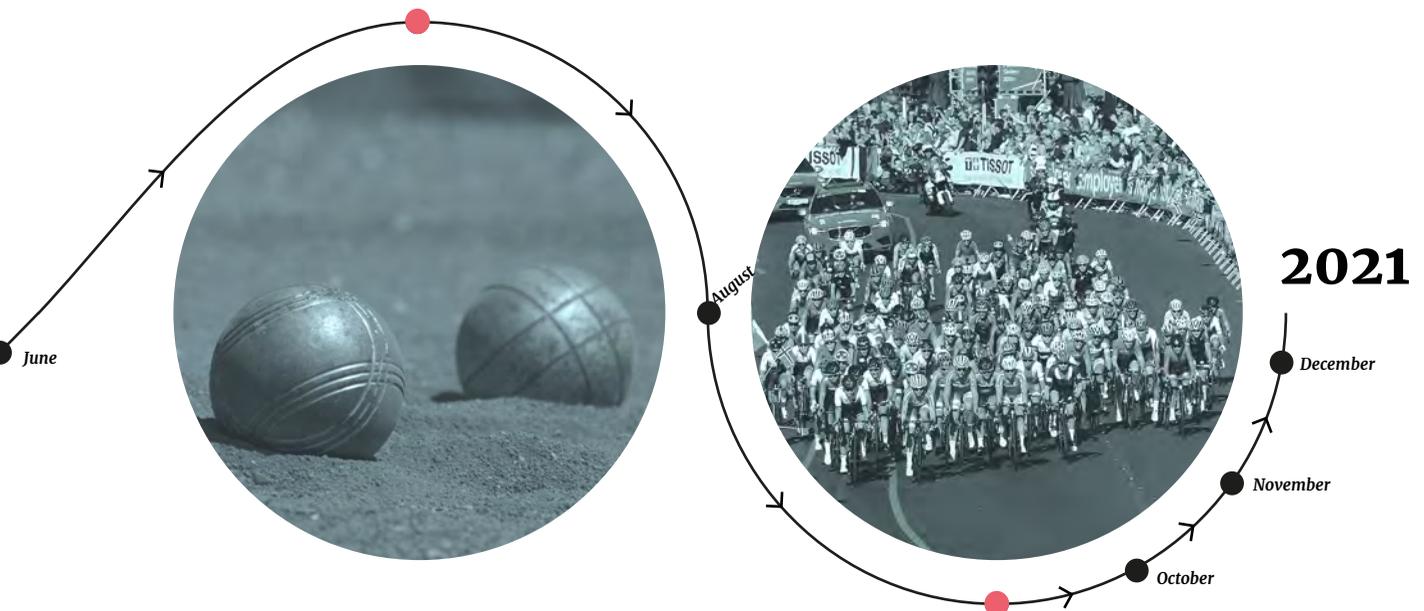
16-19

## July

### Bowls World Championship

Malley-Prilly's brand new sports complex in Lausanne welcomes almost 200 people making up 48 teams from all over the world. Bowlers must prove their skill in three different disciplines: the team championship (triples), shot accuracy championship, and the Nations Cup. In the main zone, the public can enjoy bowls pitches, bars, food trucks and other entertainment to keep things lively!

[cmp2020.ch](http://cmp2020.ch)



20-27

## September

### UCI Road Bike World Championships

Throughout eight days of competition, the region from Aigle to Martigny beats its drum to the rhythm of cycling during the UCI Road Bike World Championships. No fewer than 1000 athletes set off for the 11 stages of the competition. The road race includes a climb up La Forclaz, while the time trials take place on a flat road.

[aigle-martigny2020.ch](http://aigle-martigny2020.ch)

# Competition

Win a stay in a 4-star hotel in the  
canton of Vaud !



Fill in our questionnaire via this link to enter  
our competition:

[lake-geneva-region.ch/competition](https://lake-geneva-region.ch/competition)

## PRIZES

Three weekends (one night's accommodation)  
in a 4-star hotel

## DATES

From 18 October 2019 to 31 March 2020



**CONDITIONS  
OF PARTICIPATION**

[myvaud.ch/conditions-participation](https://myvaud.ch/conditions-participation)



# AGENDA

The winter scene and its merry-go-round of events!



**Bô Noël and Lausanne Lumières**

20.11 – 31.12

LAUSANNE  
[www.bo-noel.ch](http://www.bo-noel.ch)  
[www.festivallausannelumieres.ch](http://www.festivallausannelumieres.ch)



**Montreux Christmas Market**

21.11 – 24.12

MONTREUX  
[www.montreuxnoel.com](http://www.montreuxnoel.com)



**Montreux Comedy Festival**

28.11 – 07.12

MONTREUX  
[www.montreuxcomedy.com](http://www.montreuxcomedy.com)



**Morges Christmas Market**

04.12 – 08.12 / 11.12 – 15.12

MORGES  
[www.morgesmarchedenoel.ch](http://www.morgesmarchedenoel.ch)



**The open Inns**

05.12 – 07.12

CANTON OF VAUD  
[www.pintesouvertes.ch](http://www.pintesouvertes.ch)



**Nordic Day**

18.01

LE BRASSUS  
[www.myvalleedejoux.ch](http://www.myvalleedejoux.ch)



**Taste Rally**

15.02

CHÂTEAU-D'ŒUX  
[www.rallyedugout.ch](http://www.rallyedugout.ch)



**Les Hivernales Festival**

27.02 – 01.03

NYON  
[www.leshivernales.ch](http://www.leshivernales.ch)



**Brandons in Payerne**

28.02 – 02.03

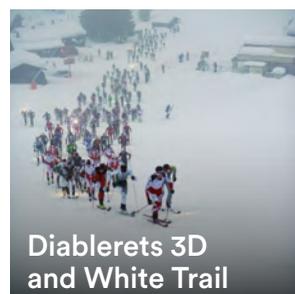
PAYERNE  
[www.brandonspayerne.ch](http://www.brandonspayerne.ch)



**50<sup>th</sup> MARA**

29.02 – 01.03

LES RASSES  
[www.ski-mara.ch](http://www.ski-mara.ch)



**Diablerets 3D and White Trail**

29.02 – 01.03

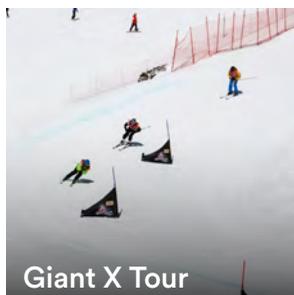
LES DIABLERETS  
[www.diablerets3d.ch](http://www.diablerets3d.ch)  
[www.humanitrail.com](http://www.humanitrail.com)



**7<sup>th</sup> Art Encounters in Lausanne**

04.03 – 08.03

LAUSANNE  
[www.rencontres7art.ch](http://www.rencontres7art.ch)



**Giant X Tour**

12.03 – 14.03

LEYSIN  
[www.giantxtour.ch](http://www.giantxtour.ch)



**Gourmet Outing**

22.03

VILLARS  
[www.villars-diablerets.ch](http://www.villars-diablerets.ch)



[myvaud.ch/events-en](http://myvaud.ch/events-en)

To discover more events please consult our online agenda

[vaud-events.ch](http://vaud-events.ch)

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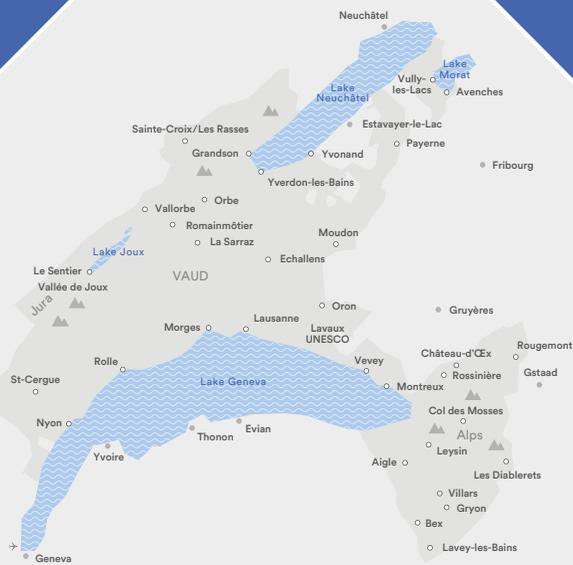
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