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612 — St. Gallen-Bodensee Tourism's guide magazine

#lovestgallen

# 612

#LOVESTGALLEN

Learning, moving, indulging — St.Gallen-Bodensee Tourism's  
guide magazine

ISSUE — 01  
JUNE 2019

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MANERO FLYBACK  
AUTOMATIC | 18 K ROSE GOLD

  
**CARL F. BUCHERER**  
LUCERNE 1888

ST. GALLEN: BUCHERER, MULTEGASSE 15, TEL. 071 222 02 22

# St.Gallen in numbers

**4**

St.Gallen Bratwurst, St.Gallen veal Bratwurst, St.Gallen OLMA Bratwurst, St.Gallen Children's Festival Bratwurst. Four different varieties – one delicious treat. But no mustard allowed!

**50**

The city covers a total area of nearly 40 km<sup>2</sup>, about half of which (50%) is green.

**1898**

The year the first stone was laid for the foundation of the small, prestigious university with an international reputation, the HSG.

**13,000**

For anyone who's physically fit or wants to be physically fit: take advantage of a free workout on the city's 13,000 steps.

**669**

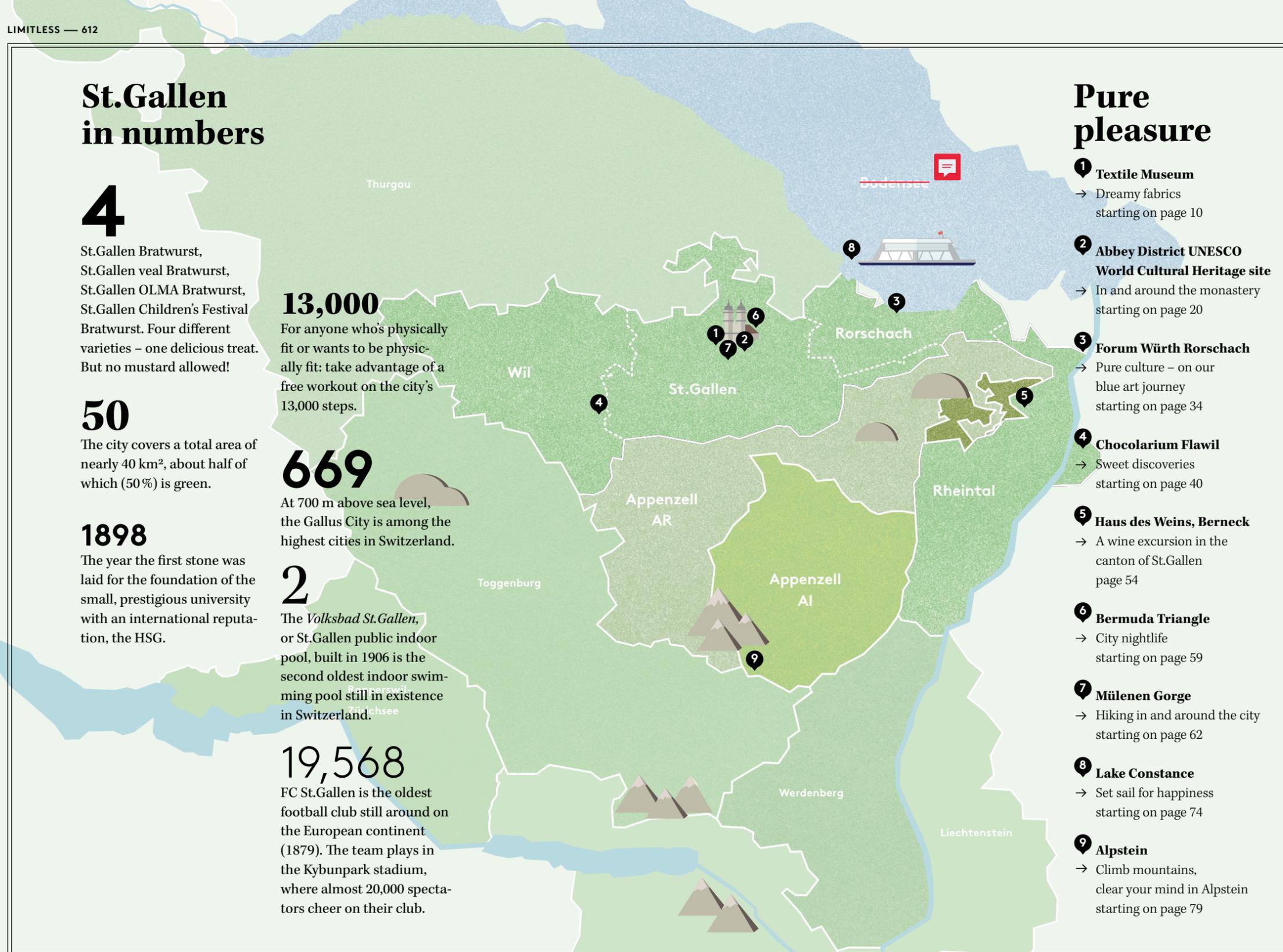
At 700 m above sea level, the Gallus City is among the highest cities in Switzerland.

**2**

The *Volksbad St.Gallen*, or St.Gallen public indoor pool, built in 1906 is the second oldest indoor swimming pool still in existence in Switzerland.

**19,568**

FC St.Gallen is the oldest football club still around on the European continent (1879). The team plays in the Kybunpark stadium, where almost 20,000 spectators cheer on their club.



# Pure pleasure

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You will find gems and treasures from an 800-year history in the „Textilland Ostschweiz“: the museum and hands-on experiences in Textilland Ostschweiz bring the textile heritage of the region to life. Immerse yourself in the diverse and traditional textile history of Eastern Switzerland and discover just how history still shapes the region today.

Further information at [www.textilland.ch](http://www.textilland.ch)



# When small-scale Switzerland meets urban wow.

## Dear visitors

## Dear locals

A popular boutique town with a vibrant history and lots of flair for everything that's beautiful in life – that's St.Gallen. And we want you to (re)discover this city with its fascinating aura. This first issue of *612*, the guide magazine, is dedicated to the "real" St.Gallen. It tells stories about the people who shape the city with their ideas and lifestyles, define new spaces and aspirations and create a unique outlook on life. Impressive, always. Limitless, too. Eye-opening.

We start with the number 612, the year the city of St.Gallen was founded. This is our point of departure and reference. It makes travel through time and space possible and stands for 612 tips and ideas for things to do and see in and around St.Gallen. Intense experiences guaranteed. Discover the unique. And we mean it when we say that our region is an all-encompassing experience with everything Switzerland has to offer in a single region. Urban wow effects guaranteed. Which is exactly what we want. Welcome to Lake Constance and Alpstein, to the middle of Eastern Switzerland and to unforgettable adventures. Welcome to our region.

St.Gallen-Bodensee Tourism

Thomas Kirchhofer  
Director

Tobias Treichler  
Vice Director

# 612 PRESENTS

**Sibylle Jung** loves European cities, Boston, good food, fine wines. Good company, meaningful conversations. And St.Gallen.

It is the centre of her life. She has been running her own communications agency here for 18 years. Together with her team, she turned the idea for the 612 project into reality. And is proud of what she has accomplished.



**Monika Kritzmöller** has made her passion her profession. Whether fashion and textiles, architecture or cars: she explores lifestyles and everyday culture in her research and consulting institute "Trends + Positionen". In the article she wrote for 612, she shows that textiles are alive and well and more tangible than you might think at first glance.

**Walter Eggenberger** is arguably one of the smartest and most iconic presenters of the "10vor10" news programme and, thanks to his unmistakable gestures, is remembered collectively as the "moral compass of the nation".

He lives in the old town of St.Gallen and is a tour guide in faraway lands. 612 sent him on an urban discovery tour.



**Peter Müller** would rather work with trees and forests. In his professional life, he is responsible for communication at the Historisches und Völkerkundemuseum (Historical Museum and the Museum of Ethnology) and works as a provenance researcher, journalist, publicist and cultural mediator. For 612, he immersed himself in the history of the monastery up to the present day.

**Daniel Ammann** works as a freelance photographer for national and international newspapers, magazines and advertising agencies. This globe-trotter has created extensive photo spreads in the South Seas, Nepal, Thailand and South Africa on trips abroad lasting several weeks. In 2005 and 2007 he won the Eastern Switzerland media prize. He pulled an all-nighter for 612.



**Beat Belser** is a freelancer who loves freedom. His passion focuses on people and the poetry of everyday life, which is reflected in his visual storytelling. Starting in autumn 2019, he will be in Cairo for six months in the cultural studio of the Städtekonferenz Kultur, an organisation dedicated to exploring cultural policy issues that affect cities. 612 asked him to capture the infinite magic of Lake Constance.



**Karin Goldinger** is a food and lifestyle photographer with a passion for aesthetics and natural simplicity. Her work is an expression of authenticity – of people, places and things. She is based in Switzerland but available all over the world. For 612, she sent two men, among others, to St.Gallen's Weieren, or ponds.

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## PUBLICATION INFORMATION

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**“Female presidents and princesses all over the world wear creations from St.Gallen, meaning that the success of strong women is interwoven with our region. And has been for many centuries. Up to the present day.”**

Odilia Hiller

Deputy editor-in-chief St.Galler Tagblatt

♥ Inspirational spot: the swing on the Solitude overlook with a beautiful view over St.Gallen

# On a textile discovery tour

History, creativity and high-tech. St.Gallen is a textile city. And has more to offer than you might think at first glance.

TEXT: MONIKA KRITZMÖLLER

1

**“Few people know that textiles are also used in modern devices.”**

A textile city? St.Gallen? At first glance, there are hardly any signs of the city’s textile tradition. No glittering luxury stores, no fashion week that attracts fashion-ista bloggers like moths around a flame. The architecture, on the other hand, is astonishingly magnificent. Old houses along the narrow Spisergasse with their ornately decorated oriels, opulent art nouveau villas high up in the Rosenberg district, commercial buildings on Davidstrasse suggest that business was booming around the turn of the century. And the railway station and neighbouring main post office are surprisingly large for a city with just under 80,000 inhabitants today.

## Textile structures

Embroidered QR codes on some buildings encourage visitors to learn more: while the oriel houses mentioned above bear witness to a vibrant canvas trade in the 14th to 17th centuries, the art nouveau buildings date back to the golden age of embroidery around 1900, when Eastern Switzerland’s embroideries accounted for one-sixth of Switzerland’s total export volume thanks to the convergence of technical developments with the fashion of the times. Incidentally, embroidery and lace are by no means the same thing. While the structure

of lace is created by looping and knotting threads to create a pattern, embroidery is applied to a fabric foundation. In the case of guipure or etched embroidery, this foundation is washed out later on by a machine to imitate the more expensive lace made by hand. The embroideries have long since surpassed their former inspiration and become a luxury product in their own right.

This success is on display in prestigious company headquarters with illustrious names like Oceanic or Washington and in train stations and residential buildings designed by prominent architects. Less conspicuous is Bischoff Textil AG, which resides in St.Gallen’s first high-rise building in Bogenstrasse, signifying a vision of progressiveness and growth in the late 1950s. →



**“Although the tradition in St.Gallen’s textile industry can come across as downright kitschy and people say that its demise began with the textile crisis in the 1920s, an in-depth look at St.Gallen’s textile present is worthwhile.”**

Textile architecture can also be seen at the Forum Würth in Rorschach, where the company’s art collection

welcomes visitors. The reflecting high-tech façade, which changes with the weather and moods of Lake Constance, is the product of one of today’s leading industry segments: technical textiles. The success story of Sefar in Thal began in 1833 with the production of silk flour sieves. What sounds like a lifestyle product for hipsters

originated from the elite’s quest for white flour, which required extremely fine filters to make. Silk threads were the only option since endless synthetic fibres had not yet been invented.

**A question of technology**

Textiles are also hidden in modern devices – whether in mobile phone microphones, as particulate filters in cars or in medicine as stitching for bandages to help wounds heal more quickly and in life-support machines that would

not work without high-tech materials. Many of these products come from companies in Eastern Switzerland. It is therefore essential that the Empa (Swiss Federal Laboratories for Materials Science and Technology) conducts continuous research and testing of innovative materials in cooperation with manufacturing companies. But even in the visible and perceptible area, there is often only a slight expression of textile consciousness – the “feeling” it owes to the fabrics from which it is made. Beyond goods produced for the masses that cover the bodies of bargain-hunting consumers in amorphous indif-

**St.Gallen’s creative DNA**

Anyone who not only wants to know what clothes are made of, but also how they are made, will find out in the Couture-Lehratelier, or couture teaching studio. Clothing made of precious fabrics or meticulously crafted designs: students work with the customer to create tailor-made models using haute couture techniques, simultaneously guaranteeing the continuity of Swiss craftsmanship at the highest level. In the lounge of the Textile Museum, the seasonal exhibition “Vision” gives visitors the opportunity to get “up close and personal” with current designs made by Swiss textile manufacturers. Even though it is a well-known fact that the market is by no means as large as it was during its heyday, textile culture is one of the region’s unique selling points that has been rooted here for generations.

ference, high-quality fashion “lives” from the fabrics it is made of. Their design requires a maximum of creative DNA which, because it cannot be learned “quickly”, benefits from a centuries-old cultural tradition. It is no coincidence that textile design is always one season ahead of the finished products and inspires the clothes made from it.

The finishing process invariably comes between the creation of the material and final product. Anyone who knits knows that the finished products can only be shaped once wet. Fine cashmere is also perfected through washing. The shine of chintz fabrics is created by calendaring – i.e. pass-

ing the fabric through hot rollers that generate friction. Flannel shirts are brushed to create an extra soft finish and the time-saving convenience of non-iron cotton shirts is thanks to a special finish. AG Cilander in Herisau specialises in all these processes.

**Between tradition and the avant-garde**

Although the tradition in St.Gallen’s textile industry can come across as downright kitschy and people say that its demise began with the textile crisis in the 1920s, an in-depth look at St.Gallen’s textile present is worthwhile. The Textile Museum covers a wide range of subjects despite its name; its changing exhibitions are each accompanied by current points of reference and a seasonal “Vision” of Swiss fabrics.

Textile hotspots are still waiting to be discovered and experienced. The internationally renowned fashion label Akris is firmly committed to the St.Gallen location, where the finest luxury goods are created by world-class designers – and are available for sale in the company’s boutique. The fashion label aéthérée was founded by Ly-Ling Vilaysane, an Appenzeller with Laotian roots who studied in Paris. She designs small clothing series with an emphasis on quality materials and attention to detail and has an international focus. She presents her work through her cooperation with Cosimo Urgesi: director Giancarlo Moos helps the pair turn Italian precision art into progres- →



**A true stand out!**

August Bösch's reliefs on the "Oceanic" art nouveau commercial building in St.Leonhardstrasse pay homage to the city's textile past: in addition to the three Moirai – Greek goddesses of fate, who symbolically spin, measure and cut the thread of life – Adam and Eve tell their version of the story of creation. The female perception of nudity could have laid the foundation for the establishment of the first couture studio, while Adam, armed with a shovel and atypically industrious, is a premonition of the hugely significant role of the fashion industry... and a more traditional gender role relationship.

Incidentally, the "Textile" fountain sculpture, created by artist Köbi Lämmli in 1980, was saved from demolition. Its towering bronze figure on the Bahnhofplatz symbolises the past and present importance of textiles in St.Gallen.

sive designs. Another cultural crossover is Silk' N' Tea, where Carrie Sum-Waldmeier makes precious Chinese silk and cashmere fabrics for individual models with traditional Asian details and offers exquisite teas from China and Japan. St.Gallen embroideries, in contrast, are one focus of the fashion label "Die Manufaktur". Karin Bischoff and Kathrin Baumberger tailor to measure. Janine Grubenmann's minimalist "Slow Fashion" models flow between collections and custom-made creations. And the St.Gallen label Ici Maintenant proves that skirts and sequins are

timeless as signature statements of feminine elegance no matter whether for everyday wear or a special night out.



**The eternal lure of fabrics**

The factory outlets of the local companies offer hands-on contact with the fabrics that are indispensable for haute couture, prêt-à-porter and lingerie of international fashion houses: the Jakob

Schlaepfer shop attracts customers with an ocean of sequins, lasercuts and embroidery. The factory shop of Bischoff Textil AG, which was expanded in August 2019, offers St.Gallen embroidery from guipure to broderie anglaise as well as factory sales on specific dates at Forster Rohner.

Christian Fischbacher meets the need for "cocooning" in luxurious four walls with bed linen, nightwear and interior textiles. The products of Tisca Tiara are made to be walked on – whether as artificial turf with football cleats or comfortably barefoot on custom-made wool carpets. —



# Textiles everywhere

Eastern Switzerland is textile country. Go on a guided or individual Textiland Explorer Tour by car or public transport. Explore the textile city of St.Gallen with the free textile app (→ TextileStGallen). Take a culinary trip back in time to eat what the embroiderers used to eat: the textile country gourmet menu. And sleep like a dream in a textile room.

## Discover more



Experience the exciting success story of textiles more than 800 years – on the Textiland Explorer Tour. TOUR SOUTH – 6 highlights

St.Gallen Textile Museum → Century of the Zellwegers, Trogen → Museum Appenzell → Museum of Appenzell Customs Urnäsch → Museum Herisau → Flawil Museum of Local History in the Lindengut TOUR NORTH – 5 highlights St.Gallen Textile Museum → Century of the Zellwegers, Trogen → Hauptwil–Bischofszell textile industry discovery trail → Saurer Museum, Arbon → Biedermeier village of Heiden [www.textiland.ch/explorer-tour](http://www.textiland.ch/explorer-tour)

On tour with the "TextileStGallen" app



On foot, by bike or car, discover the textile heritage – on the two textile trails St.Gallen and St.Gallen West.

[www.textilweg.ch](http://www.textilweg.ch)



By vintage Postauto and boat through textile country – with the Textiland Classic Tour.

[www.textiland.ch/classic-tour](http://www.textiland.ch/classic-tour)

## Sleep better in beautiful surroundings

14 regional hotels have designed individual textile rooms. What's your favourite?



Fancy a "lacey" multi-course textile menu? Available in these hotels as well as in the Restaurant Sonne in Rehetobel (> [www.appenzelleria.ch](http://www.appenzelleria.ch)).

→ **Reservation required**

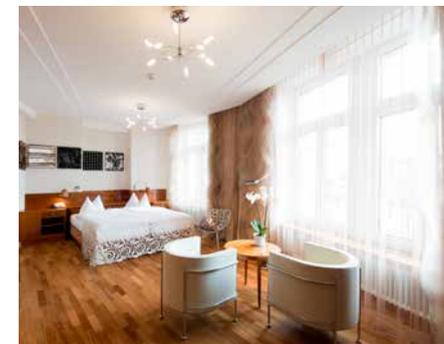
Elegant tranquillity can be found in the textile room of this first-class city hotel – the UNESCO World Cultural Heritage site within easy reach.

**Einstein St.Gallen \*\*\*\*S**

Hotel Congress Spa St.Gallen

☎ +41 71 227 55 55

🌐 [www.einstein.ch](http://www.einstein.ch)





Beautifully embedded – in fabrics as well as in the mountain scenery. The Säntis is thought to be one of the most beautiful mountains in Europe.

**Säntis – das Hotel \*\*\*S**

Schwägalp/Säntis  
☎ +41 71 365 66 00  
🌐 [www.saentisbahn.ch/hotel](http://www.saentisbahn.ch/hotel)



Wellness for body and soul can be found in this hotel (room) high above Lake Constance.

**Hotel Heiden \*\*\*\***

Heiden  
☎ +41 71 898 15 15  
🌐 [www.hotelheiden.ch](http://www.hotelheiden.ch)



Tradition and modernity converge here – and will tempt you to return.

**Hof Weissbad \*\*\*\*S**

Weissbad  
☎ +41 71 798 80 80  
🌐 [www.hofweissbad.ch](http://www.hofweissbad.ch)

Charming allusion to the Biedermeier era: the dreams in this textile room couldn't be sweeter.

**Gasthaus Krone Speicher \*\*\*\***

Speicher  
☎ +41 71 343 67 00  
🌐 [www.krone-speicher.ch](http://www.krone-speicher.ch)



Sleep like a prince among fabrics in the heart of the Fürstenland. And the next day you can discover the region after a good night's sleep.

**Hotel Uzwil \*\*\*\***

Uzwil  
☎ +41 71 955 70 70  
🌐 [www.hotel-uzwil.ch](http://www.hotel-uzwil.ch)

**There are other textile rooms in these hotels:**

**St.Gallen**

**Oberwaid \*\*\*\*S**

The hotel. The clinic. Relax and regenerate in an exclusive setting on the outskirts of the city – with the most beautiful view of Lake Constance.  
☎ +41 71 282 00 00  
🌐 [www.oberwaid.ch](http://www.oberwaid.ch)

**Radisson Blu Hotel \*\*\*\*S**

Modernity, style and comfort – for business and holiday travellers.  
☎ +41 71 242 12 12  
🌐 [www.radissonblu.com/hotel-stgallen](http://www.radissonblu.com/hotel-stgallen)

**Hotel Vadian \*\*S**

Affordable and comfortable; right next to the Abbey District.  
☎ +41 71 228 18 78  
🌐 [www.hotel-vadian.com](http://www.hotel-vadian.com)

**Fischingen**

**Kloster Fischingen \*\*\***

A place that releases the power of innovation; an open seminar and conference hotel.  
☎ +41 71 978 72 20  
🌐 [www.klosterfischingen.ch](http://www.klosterfischingen.ch)

**Rorschacherberg**

**Schloss Wartegg \*\*\*S**

A peaceful haven nestled in a beautiful natural setting; the first Swiss Historic Hotel in Eastern Switzerland.  
☎ +41 71 858 62 62  
🌐 [www.wartegg.ch](http://www.wartegg.ch)

**Degersheim**

**Hotel Wolfensberg \*\*\***

Surrounded by a charming park with a view of the Alpine foothills.  
☎ +41 71 370 02 02  
🌐 [www.wolfensberg.ch](http://www.wolfensberg.ch)

**Horn**

**Bad Horn Hotel & Spa \*\*\*\*S**

Elegance meets comfort with a unique kind of flair – right on Lake Constance.  
☎ +41 71 844 51 51  
🌐 [www.badhorn.ch](http://www.badhorn.ch)

**Bad Ragaz**

**Grand Resort Bad Ragaz \*\*\*\*S**

Simply feel better: this promise goes beyond the textile room.  
☎ +41 81 303 30 30  
🌐 [www.resortragaz.ch](http://www.resortragaz.ch)



# #lovestgallen

**WANT MORE?**  
Follow us and show us your favourite spots.

**Favourite spot, tranquil oasis, inspirational spot, insider tip, source of energy. Chosen. By us. And what fascinates you? About St.Gallen, the surrounding area?**

📷 /sgbtourism #lovestgallen #sgbinspiriert

📍 /St.GallenBodensee



Majestic: Kornhaus (granary) in Rorschach



Roman Signer's water tower: Grabenpärkli, St.Gallen



Legendary moods: Women's Pond, Three Ponds, St.Gallen



1 of more than 100: camel oriels, 1720, Spisergasse, St.Gallen



Hidden gem: St.Mangen park, St.Gallen



In vino: Schmid Wetli vineyard and winery, above Berneck



Many countries in sight: view of five countries, Grub SG



Behind walls: Zeughausgasse, St.Gallen



World architecture: Pfalz Keller, St.Gallen

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**“World-class  
wherever you look –  
without the stress  
of the crowds in big  
cities.”**

Ludwig Hasler

Philosopher, physicist, journalist

Once editor-in-chief of the St.Galler Tagblatt and lecturer at the University of St.Gallen,  
today author, travelling speaker, intellectual sparring partner, columnist

♥ Inspirational spot: St.Gallen Art Museum cafeteria

# 1,400 years of monastery history to discover



Abbey Library, cathedral, Mülenen Gorge: On a walk through the Abbey District you can explore and experience the long history of the St.Gallen monastery at every turn – digital or analogue.

TEXT: PETER MÜLLER PHOTOS: KARIN GOLDINGER



It's quite impressive: in the midst of the hustle and bustle of everyday life in St.Gallen, doors and gates suddenly open to a rich monastery history. It lasted about 1,400 years. And since 1983 it has even been a [UNESCO World Heritage](#) site. St.Gallen was a late bloomer historically speaking. Zurich and Rapperswil, even the small town of Arbon on Lake Constance, were part of the Roman Empire. But not St.Gallen. In Roman times, it was most likely still just plants and animals, dirt, stones and water. The hermit [Gallus](#) laid the foundation for the human settlement here around [612](#). A good 100 years later, Otmar founded the actual monastery of St.Gallen, which had an amazing history. From the 9th to the 11th century it was even one of the cultural and spiritual strongholds of Europe. A second heyday followed during the baroque period in the 17th and 18th centuries. The most impressive testimony to its second golden age is the construction of the new monastery church and parts of the monastery from 1755 to 1769. It is often forgotten that this monastery was also the hub of a considerable dominion: the principality of the St.Gallen monastery was one of the largest territories of the old Confederation.

The end came not even 40 years after the magnificent new buildings were constructed in St.Gallen: the fall of the old Confederation and the founding of

the canton of St.Gallen were too much for the monastery, which was dissolved in 1805. It didn't really go under, though. Still today, more than 200 years later, it is the city's flagship landmark. The fact that St.Gallen is known all over the world is mainly due to its monastery.

A lot of this long history is still evident in the [Abbey District](#) itself. Above all, the [Abbey Library](#) and the [cathedral](#) are world-famous – for good reason.

In addition, there are two new exhibition rooms that were opened this year in the vaulted cellar and in the former "Room for Culture" opposite the cathedral. They offer new, modern opportunities to learn about the rich history of the monastery. Here [digital media](#) meet [medieval scriptorium culture](#), the monastery plan of 819/26, another world-famous document, is on display. To actually turn this ideal plan – the construction of a real medieval monastery town – into a reality, there is unfortunately not enough room in St.Gallen.

World-famous and sensitive to light: the 1,200-year-old original monastery plan can be admired in the new exhibition hall of the Abbey Archive, but only for 20 seconds at a time.



After viewing the historical treasures, visitors can enjoy modern hospitality in the monastery bistro.

records show that at least ten people were drowned there. Above all, however, the Mülönen Gorge in the middle of St.Gallen's old town offers wonderful nature experiences – in the radiance of spring as well as in the icy cold of winter. And windows to spiritual realities are even rumoured to exist for more metaphysical visitors. At least that's what you hear and read about time and again.

Legend has it that the hermit Gallus stumbled at the lower end of the Mülönen Gorge and fell into the thorns. His conclusion: "[This is where I'm going to stay.](#)" Many guests say something similar on their first visit to St.Gallen: "I'm definitely coming back." —

However, this project was completed in 2013 on the Campus Galli in Messkirch in southern Germany, which is also worth a visit. You can immerse yourself in a sensual world and take a walk through the early Middle Ages.

[Hospitality](#), which was an integral part of medieval monastic culture, is a must in the St.Gallen Abbey District. The [monastery bistro](#) in the inner courtyard and the [Chocolaterie](#) on Gallusplatz are filled with the spirit of this hospitality, as is the atmospheric [museum shop](#).

Always recommended is a walk through the narrow, steep [Mülönen Gorge](#) south of the cathedral where the Steinach River rushes along. It tells all sorts of stories about the history of St.Gallen: of mills, trades and small factories. The dark side of history is also present: the water-hole next to the picturesque valley station of the Mühlegg railway was once used for executions. Between 1465 and 1595,

## And windows to spiritual realities are even rumoured to exist for more metaphysical visitors.

A small oasis in the middle of the city: locals and guests from all over the world relax on the Klosterplatz (Monastery Square).



## “Monks don’t write down anything that isn’t important.”

Peter Erhart, who holds a PhD in philosophy, is one of the ten most diligent users of the Abbey Library. In an interview, the monastery archivist talks about privileges, why parchment is so precious, how he nurtures his soul and why a visit to the new exhibition hall is definitely worthwhile.

INTERVIEW: 612 EDITORIAL STAFF  
PHOTOS: BEAT BELSER



**Peter Erhart, the history of the monastery is fascinating and at times difficult to grasp. What can visitors actually touch in the Abbey District?**

Visitors can touch parchment, the best writing material in the world. In the new exhibition hall of the Abbey Archive, a whole goatskin parchment is on display in a frame to illustrate the elaborate production process and high value of this material. The originals exhibited from the early Middle Ages show just how incredibly durable this material is – even after more than 1,300 years, the ink holds up well. The tablets used in our exhibition won’t last nearly that long.

**The Abbey District has a magnetic draw. Why is it so fascinating?**

The whole place itself is special. It is probably no coincidence that Gallus built a church near the waterfall here around the year 612. However, we are only on historically “safe ground” with Otmar, the first abbot. In 719, he founded a community that worked for almost 1,100 years in honour of St. Gallus and shaped the entire landscape. These origins are still visible and perceptible today – in the architecture, in the rich written heritage and in the Benedictine spirit that resonates in the chiming bells of the cathedral.

**Why are you so involved in the Abbey District?**

As a monastery archivist, it is my privilege to preserve an incredibly inspiring treasure from monastic times. This unique collection of documents, records, books, maps and plans creates new tasks for me every day, including safe storage, research and now – under completely new conditions – the exciting communication of this cultural heritage. I also have one of the quietest workplaces in the Abbey District – with a view of the last section of the Schiedmauer, a dividing wall built in 1566 to separate the town from the monastery, which reminds me of the difficult relationship between the city and the monastery in the post-Reformation period. Especially in the evenings, I enjoy the tranquillity and vastness of the Klosterplatz (monastery square) and the view to the double-towered cathedral.

**The Abbey Library holds an infinite number of hidden repositories of valuable knowledge – how far have you gotten with your reading?**

I am certainly one of the ten most diligent users of the Abbey Library and borrow many modern books on specialised subjects for my research. But I find the true treasures on the e-codices website, where the manuscripts of the Abbey Library are always accessible. I browse through these manuscripts on an almost daily basis, looking for the handwriting of a specific monk.

**What is your favourite work?**

The St. Gallen monastery stories of Monk Ekkehard. They were the reason I studied medieval history. Almost no other work reveals more about the inner workings of a monastery and, in some places, it is as exciting as Umberto Eco’s medieval thriller “The Name of the Rose”. Eco also referenced this source from around the year 1,000 for his book.

**Knowledge is power – what does this mean in the era of fake news and sound bites on social media?**

Universal knowledge available online is not only elusive, but serves to manipulate the masses. Anyone who checks the quality of information sources like a historian will very quickly discover

**“Universal knowledge available online is not only elusive, but serves to manipulate the masses.”**

that the warning of the French historian Marc Bloch, who was murdered in 1944, has lost nothing of its poignancy: “Despicable facts destroy beautiful theories.”

**History certainly produces knowledge that the world does not need ...**

I have to disappoint you: monks don’t write down anything that isn’t important. Parchment was simply too precious and time too short to write down trivialities.

**Above the entrance to the baroque hall of the Abbey Library is the Greek inscription ΨΥΧΗΣ ΙΑΤΡΕΙΟΝ which means,**

→

The Abbey Archive is home to a unique historical treasure trove of plans, maps, documents and books.



**loosely translated, “healing place for the soul”. How do you take care of your soul?**

Actually, a lot like the monks used to do: I read therapeutic literature and often visit the cathedral on the outskirts. I also find peace in nature, which begins just a few steps outside the Abbey District in the Mülünen Gorge.

**Do you have a personal insider tip in the Abbey District?**

The new exhibition hall of the Abbey Archive. Old treasures are showcased in a modern framework here for all groups of visitors. And the original monastery plan is also on display here for the first time – surrounded by many exciting and moving stories from the everyday lives of the people 1,200 years ago. —

The Abbey Archive holds around 20,000 documents, including many manuscript volumes.



**Advertisement**

**Nm Naturmuseum St. Gallen**

Natural History Museum  
naturmuseumsg.ch

**Codex 1092**

The famous St.Gallen monastery plan of the Abbey Library is kept under this name. It is the earliest representation of a monastery district from the Middle Ages and the most important architectural drawing of its time. Since April 2019, the 112 x 77.5 cm large, 1,200-year old plan can be viewed in its original form for the first time. For a few seconds at a time. The extraordinary treasure consists of five parts, which are held together with intestinal thread. It's in good condition. Only the north-western edge was damaged – because a monk at the end of the 12th/beginning of the 13th century wanted to write down the life of St.Martin on the back, but didn't find enough space and continued writing on the front. The plan shows the designs of around 50 buildings, including three breweries – evidence of the old brewing tradition (→ Article “A mecca for beer lovers”, p. 49). And what does the Italian writer Umberto Eco have to do with “our” monastery plan? The Benedictine abbey, where his first work “The Name of the Rose” from 1980 is set, is almost the same as the St.Gallen monastery plan. Absolutely worth seeing, very worth reading.



Separate exhibition room for the famous St.Gallen monastery plan, which can be viewed for the first time in its original form.

**View original monastery plan**

Exhibition “The Miracle of Trans-mission”, exhibition hall in the Abbey Archive

[www.stiftsbezirk.ch](http://www.stiftsbezirk.ch)

One place where you can find the novel “The Name of the Rose” is here

[www.buchhandlungzurrose.ch](http://www.buchhandlungzurrose.ch)



The superstar in the new exhibition hall: the original monastery plan of 819/26.

**Trip to the Campus Galli (Germany)**

The monastery complex, as depicted on the original 9th-century monastery plan, is being reconstructed in Messkirch in Baden-Württemberg in Germany – true to the original and with materials and methods that were available to the people 1,200 years ago. The construction site has been open to visitors since summer 2013.

Further information about the monastery construction site, how to get there and opening hours

[www.campus-galli.de](http://www.campus-galli.de)



© Alexander Hamann

A whole monastery is being built on an area the size of twelve football pitches.

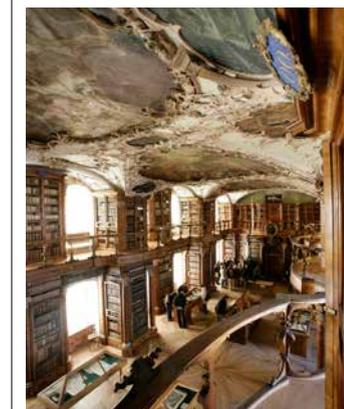
**The Abbey District has even more to offer**

The second exhibition can be found in the vaulted cellar, formerly the Lapidarium. It provides a compact, valuable and impressive overview of the history of the St.Gallen monastery.



© Abbey Library of St.Gallen

**Always worth a visit**



© Abbey Library of St.Gallen

The Abbey District of St.Gallen was designated a UNESCO World Cultural Heritage site in 1983. For the best insight, take the St.Gallen Old Town Tour complete with Abbey Library.



[www.st.gallen-bodensee.ch](http://www.st.gallen-bodensee.ch)

# With international flair

The St.Gallen theatre is a venue for theatre, dance and music performances. As the only tripartite performing arts centre between Zurich and Munich, it attracts more than 150,000 visitors every year. People from over 40 nations work on and behind the stage. We talked to three of them.

TEXT: CLAU ISENRING PHOTOS: ST.GALLEN THEATRE

## Performing arts centre



Anna Blumer, actress, grew up in the canton of Aargau and studied in Zurich and Vienna. Since the 2016/17 season she has been part of the ensemble of the St.Gallen theatre.

### ART FORM: THEATRE

**“The audience is another participant in a play.”**

“For me, St.Gallen was love at second sight. For me, the old town has always been one of the most picturesque places in Switzerland. However, in my early days at the St.Gallen theatre, I often commuted to Zurich and didn’t really get to know the city behind the beautiful façade. Since I have been living here permanently, I have discovered St.Gallen from a whole new side and have come to love it.

The St.Gallen theatre is also the oldest professional theatre in Switzerland. Think we’re old-fashioned? Far from it. Many world premiers that explore current themes, some with a link to the region, are performed on stage, something I find unique in this form. The St.Gallen audience appreciates the theatre. It matters to them what we show and they reflect on the pieces and their aesthetics. This makes me very happy because the audience is like another participant who decides whether a performance is successful or not.

I’d like to play Richard III, a male role, and Lulu in Wedekind’s play of the same name. But that doesn’t have to happen here and now because these kinds of major roles are only fun if you are up to the challenge. As an actress I often work when others are off – and vice versa. That’s why I have to consciously cultivate friendships outside the theatre. But my unconventional daily structure has its advantages: no queuing at government offices, no crowds at the gym, enjoying sunny afternoons outside...

If I had one wish? A river in downtown St.Gallen – I love flowing water. And maybe one or two shops that are open after 10 pm.”

**Anna Blumer likes to:** shop in Nanna’s spice shop, meet friends at the flower market, paint in the Zitt-Ruum art studio, go to the sauna in the Blumenwies, boulder in the bouldering lounge, have breakfast in Oya, browse at the flea market, stop by the “Palace event space – Grabenhalle cultural venue – Schwarzer Engel restaurant” on the weekend, enjoy the view on a bench with an open fire pit above the Bernegg stairs, snowboard above the town, take a walk in spring and gaze in awe at the blossoms of the fruit trees that look like pink popcorn, pick mushrooms in the Appenzellerland

## ART FORM: DANCE

## “It’s never too late to dance.”

“I love fog. If the sun is shining and you walk towards the Drei Weieren, or Three Ponds, you may soon be above the fog line and the city sinks into a light fog. Beautifully dramatic. I found a home in St.Gallen. I love the houses around the monastery. In the dark, when the light is on inside, you can see the most spectacular ceilings and paintings. I can’t get enough of our Roter Platz (Red Square) either. The interplay of the colours of the moons, all kinds of different people: bankers, artists, teachers and teenagers dancing on the benches and tables. Even though the city is small, I always discover beautiful new corners. Nature starts just around the corner and everything is easy to reach on foot or by bike.

St.Gallen is also a good place for dancers. Not only because of the loyal – and honest! – audience in the St.Gallen theatre, but also because of the many great festivals. We have, for example, TanzPlan Ost, where various artists from the independent dance scene

showcase their work. Every May there is a dance festival – the whole city dances for an entire weekend. During my career I have had the opportunity to slip into countless roles and try out many new things. What I would still like to do is play a bad or mean role – that would appeal to me. And if I could choose one thing for the programme, it would be the musical Grease. The film with John Travolta has accompanied me through all my youth, and even today I sometimes listen to the music while cleaning at home. Working as a professional dancer has its limits age-wise, but the joy of moving to music knows no bounds. Or to put it another way: It’s never too late to dance – just give it a try and have fun.”

**Stefanie Fischer likes to:** eat a piece of quiche in L’Ultimo Bacio, drink coffee in the sun in front of the Concerto, have a glass of white wine in the Drahtseilbähnli, take the ferry from Romanshorn to Friedrichshafen, the TanzPlan Ost festival, St.Galler Döütsch (the local dialect), the museum night in September, the Lokremise and of course the St.Gallen theatre



Stefanie Fischer, dancer, born in Zurich, studied dance in Zurich and danced in Germany. Since the 2015/16 season she has been a member of the St.Gallen theatre ensemble.



Tatjana Schneider, singer, is from Russia, studied in Berlin and has travelled a lot internationally. She has been singing at the St.Gallen theatre since the 2016/17 season.

## ART FORM: MUSIC THEATRE

## “Opera can also be enjoyed outside in St.Gallen under the open sky.”

“When I first arrived to St.Gallen, one thing struck me immediately: everyone says hello. I think it’s incredibly nice. In Siberia, where I come from, no one says hello on the street. And if they do, it’s probably better to run the other way.

The St.Gallen theatre is a very special place for me – it’s where I got my first job after my studies. Even though it’s a small theatre, it is well known and popular with opera lovers. Thanks to the wonderful festival, opera can be enjoyed in St.Gallen not only inside the actual theatre, but also under the open sky in the Abbey District every summer. I love Belcanto roles in Italian – they are what every singer dreams of and my voice is perfect for these roles. For example, the Gilda in Rigoletto, the Lucia in Lucia di Lammermoor or Adina in L’elisir d’amore. Of course, I also like Russian opera very much because it’s my native language.

Everyday life as a singer is very rewarding, but also exhausting. Especially before the premiers, we rehearse more than seven hours a day for about six weeks. And then there are the performances and learning new parts for upcoming rehearsals. When I have time, I travel with my family throughout Eastern Switzerland; we love to discover new places. Lake Constance, Appenzellerland and Rapperswil have particularly impressed us. One of my favourite places to go in St.Gallen is the Drei Weieren, or Three Ponds. I find it fascinating that nature is so easily accessible in and around the city, and my son loves to visit this little farm with petting zoo.”

**Tatjana Schneider likes:** the Drei Weieren (Three Ponds), the Peter und Paul Wildpark for families with children, the Historisches und Völkerkundemuseum (Historical Museum and the Museum of Ethnology), the Natural History Museum, opera in the St.Gallen theatre, Lake Constance and Appenzellerland, the whole of Eastern Switzerland

## Architecture at its finest



What else? 

### More theatre

**Whether in the vaulted cellar, in an artist's studio or in an old railway hall: the cabaret scene in Eastern Switzerland performs in charming locations and has a vibrant programme. A small selection:**

#### In the city

##### For cabaret fans

Once an old cider cellar, today a charming cultural venue in a vaulted cellar where the (inter)national cabaret scene comes and goes. What's on the programme? Cabaret, theatre, chansons.

##### Kellerbühne

St. Georgen-Strasse 3  
 [www.kellerbuehne.ch](http://www.kellerbuehne.ch)

##### Prepare to be amazed

Multifaceted performances, readings and musical programmes can be found in Max Oertli's gallery.

##### parfin de siècle

Mühlensteg 3  
 [www.parfindesiecle.ch](http://www.parfindesiecle.ch)

The St. Gallen theatre is an important work of expressive architecture and has been designated a historical monument in the city of St. Gallen. The architect Claude Paillard used a hexagon for the design, giving the auditorium the feel of an arena – every seat has a great view of the stage. Exciting: There are virtually no 90-degree angles in the St. Gallen theatre thanks to its special architecture.

### 1 theatre, 3 kinds of performing arts, 5 venues

Current performances:

 [www.theatersg.ch](http://www.theatersg.ch)

### Highlight: the St. Gallen Festival

In summer, the square in front of the monastery is transformed into a gigantic stage. An unparalleled cultural festival against a breathtaking (really breathtaking!) backdrop.

 [www.stgaller-festspiele.ch](http://www.stgaller-festspiele.ch)

### Where theatre and visual arts converge

Puppets, marionettes and figures are the protagonists here. Traditional and unknown pieces are performed on stage. For children four years and older.

##### Figuren Theater St. Gallen

Lämmlisbrunnenstrasse 34  
 [www.figurentheater-sg.ch](http://www.figurentheater-sg.ch)

#### In Toggenburg

##### Charming old playhouse

The Chössli brings music, theatre and dance productions from Switzerland – and the whole world – to the stage. And also puts on its own productions for old and young alike.

##### Chössli Theater

Lichtensteig  
 [www.choessi.ch](http://www.choessi.ch)

#### In the Rhine Valley

##### Multifaceted cultural jewel in a movie theatre

The auditorium? Picturesque. What's the line-up? Spans opera and blues concerts to drama, theatre and cabaret.

##### Kinotheater Madlen

Heerbrugg  
 [www.kinomadlen.ch](http://www.kinomadlen.ch)

THE CITY OBSERVER

# “Flattery? No. We are paying our respects.”

**Our “r” scratches the back of the throat, our “a” sounds metallic, the “ch” resembles a cat hissing. If you can also distinguish these unique features of the local dialect, you are one step closer to St. Gallen’s DNA.**

After visiting Spain and Argentina for several months, I am sure: language is more than just a way to communicate. Language is the musical score for the soul. I feel more seductive when I speak Spanish than in Sanggaller German. Of course, the theory may also have something to do with grammar: the subjunctive in Latin languages, for example, allows me to distinguish between describing an event and emphasising my subjective view or intention. In (Sanggaller) German this verb form doesn't exist.

Languages have different tools to make culture audible. One is the sound. Which is why: take a listen. It sounds choppy, nervous, rough, garish, almost unpolished. But not only that. This unpolished sound originates from an honest beauty. And we sound: cosmopolitan. After all, our textile city once flirted with Paris and France. Which means, we don't flatter, we pay our respects (a slightly nasal *bien sûr*). And the district in the middle of the city isn't called the “Zentrum” as is usual in German, but the “Centrum”; acoustic evidence of a city that doesn't bother trying to please others, but has embraced its cultural identity. Of course, anyone who knows the history of St. Gallen knows that we were hit by a (textile) crisis after WW I. City observers explain that the effects of this blow still run deep. And I say that a society needs three generations to overcome a trauma. So the time has come to stir passion in one another – for our own stories to continue writing the history of the city. The language of the infinite.



Gallus Hufenus, 39, coffee enthusiast and coffee house operator, tango lover, globetrotter, social democrat. In the column “City observer”, he sheds light on St. Gallen from his perspective. Lovingly critical, dedicated, thought-provoking, challenging, identity-shaping. If you want to experience the tireless barista in action: stop by his **Kaffeehaus** in Spiser-vorstadt: [www.kaffeehaus.sg](http://www.kaffeehaus.sg) (emphasis on the second syllable). By the way, you can also get the **best coffee in town** there. Pure pleasure. Lots of different varieties. Worth at least a walk.

# The blue art journey

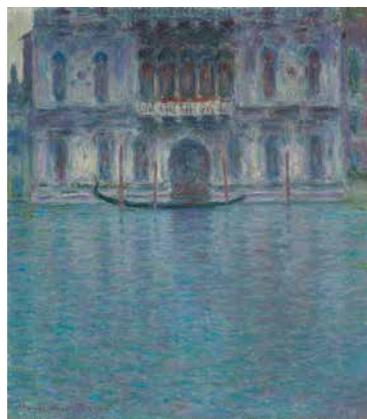
The French artist Yves Klein polarised the art world with his monochrome paintings. He inspired us. We use "his" blue to guide you through museums, districts and to special places and artists. Enjoy your discoveries.

SELECTED BY: SIBYLLE JUNG

"I'd like to be able to see things in slow motion."

Roman Signer (\*1938), sculptor, draughtsman, performance/conceptual artist and filmmaker, lives and works in St.Gallen

© Anna-Tina Eberhard



## Seeing flecks of colour

CLAUDE MONET  
**Palazzo Contarini**, Venedig, 1908  
Oil on canvas, 92 x 81 cm  
A major work of impressionist light painting  
St.Gallen Art Museum

[www.kunstmuseumsg.ch](http://www.kunstmuseumsg.ch)



## What time is it?

NORBERT MÖSLANG  
**Binary clock**, 2018  
Light installation  
Oversized digital clock – by a St.Gallen artist  
St.Gallen train station, arrivals hall



## The big show (in blue)

NATIONAL CIRCUS KNIE  
**Circus fashion** from the 1970s  
These and other costumes from 100 years of circus history  
St.Gallen Textile Museum

[www.textilmuseum.ch](http://www.textilmuseum.ch)



## The blue element

BERNHARD EDMAIER  
**Ria Formosa Nature Reserve**, Portugal  
Aerial photo  
"Water – How it forms our Earth" – impressive summer exhibition from 18 May to 18 August 2019  
St.Gallen Natural History Museum

[www.naturmuseumsg.ch](http://www.naturmuseumsg.ch)



## Other perspectives

DENISE DE MURAT  
**Lumières de Montreux** se reflétant la nuit dans le lac, 1956  
Gouache on Bristol, 33.8 x 50 cm  
A gem from the Art Brut and Naive Art collection  
Museum im Lagerhaus, St.Gallen

[www.museumimlagerhaus.ch](http://www.museumimlagerhaus.ch)



## Artistic architecture

MATT MULLICAN  
**Bildzeichen**, 2007  
Flag installation  
Beautiful symbol of the link between sport and art with the world  
St.Gallen Athletics Centre

[www.azsgo.ch](http://www.azsgo.ch)

## Jovial role model

FERNANDO BOTERO  
**Bonjour, Monsieur Botero**, 1982  
 Self-portrait  
 Reminiscent of Gustave Courbet's famous painting "The Encounter – or: Bonjour, Monsieur Courbet"  
 Forum Würth Rorschach  
[www.wuerth-haus-rorschach.ch](http://www.wuerth-haus-rorschach.ch)



© Fernando Botero

## Legal graffiti

MAX OERTLI  
**Oertli fountain**, 1973  
 Fountain sculpture  
 Redesigned for the fourth time in 2017 by the city's young graffiti artists  
 Vadianplatz, near Neumarkt  
 St.Gallen



© Historisches und Völkerkundemuseum

## The deceased spirit

**Box of Nesta-udjat-achet** with funerary figurine of various people (ushabti), Third Intermediate Period, 21st dynasty, 1070–945 BC Thebes West  
 Item on exhibit from the most important cultural-historical collection in north-eastern Switzerland  
 Historisches und Völkerkundemuseum (Historical Museum and the Museum of Ethnology)

[www.hvmsg.ch](http://www.hvmsg.ch)

## Cloud-like colour spectrum

PIPILOTTI RIST AND CARLOS MARTINEZ  
**Bubbles**, 2005  
 Lighting of the Citylounge  
 Sit in the first public "living room" in Switzerland  
 located on the Roter Platz (Red Square), Bleicheli, St.Gallen



© Sitterwerk

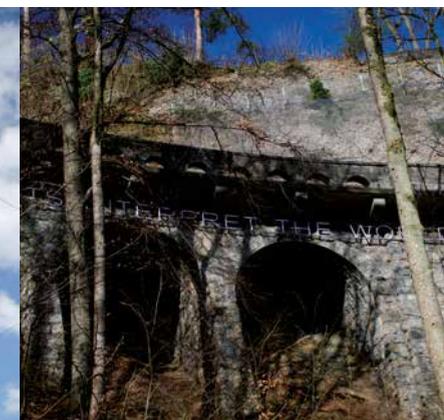
## Synthetic materials and art books

Silicone rubber from the materials archive with over 1,000 material samples – a collection close to the Art Library  
 Also worth seeing: [Switzerland's largest art foundry; worth a visit: Felix Lehner, one of the world's leading experts in the craft of casting and winner of the St.Gallen Art Prize 2018](#)  
 Sitterwerk, St.Gallen  
[www.sitterwerk.ch](http://www.sitterwerk.ch)

[www.sitterwerk.ch](http://www.sitterwerk.ch)

## Mysticism in the gorge

BETHAN HUWS  
**Neoschrift**, 40 m  
 Mysterious illuminated spectacle by the Welsh artist, known for words displayed in glass cases  
 At the Lehnen Viaduct of Gottfried Keller-Strasse / above the Müllenen Gorge



### St.Gallen Art Trail

Who's standing there, who's lying there, what's suspended there, what's happening there? The city becomes a living museum on this tour. Get a whole new perspective on buildings, squares, narrow streets.



page in German

[www.st.gallen-bodensee.ch](http://www.st.gallen-bodensee.ch)

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**“Eastern Switzerland  
is a culinary jewel.  
A vibrant spot with first-  
class restaurants  
and people who love good  
food. This is inspiring  
and whets the appetite  
for more.”**

Sebastian Zier und Moses Ceylan  
are the two-man team in charge of the  
Einstein Gourmet restaurant.

♥ Inspirational spots

Sebastian Zier: Drei Weieren (Three Ponds) and Rorschacherberg  
Moses Ceylan: Freudenberg

# Fiddling around to make a lovingly creamy sensation



The golden age of embroidery after 1900 led to St.Gallen's heyday. The growing wealth also attracted traders of exotic specialities to the vibrant metropolis. Including a pioneer in the art of chocolate. Maestrani still shapes the success story of Swiss chocolate and cocoa processing in the region today.

TEXT: SILJA MUNZ

Hustle and bustle on the streets, traders haggling with exotic goods from all over the world, trains come and go, freight cars filled with St.Gallen embroidery make their way to France, England or America, merchants and tourists stream into the city. And the smell of chocolate is in the air. If you follow the bittersweet aroma, you end up in front of the magnificent "Marmorhaus" in Multergasse. It's the empire of Aquilino Maestrani. In 1859, the chocolatier relocated from Lucerne to the centre of St.Gallen. In his shop he sells chocolate, delicacies and exotic fruits from all over the world. His chocolate creations made from Italian recipes are especially popular, even kings and queens place orders with him. The founding father of Maestrani became a pioneer for the history of chocolate in Eastern Switzerland with his business and has also shaped the Swiss chocolate tradition with his successes.



## Swiss milk chocolate conquers the world

Other Swiss chocolatiers also tried their hand with cocoa. The bitter cocoa bean – brittle and rough – had proven to be an extremely stubborn raw material. In 1826 Philippe Suchard successfully managed to mix sugar and cocoa powder to turn the cocoa into a solid form. But this chocolate was still far from the melt-in-your-mouth quality we know today. Daniel Peter made the ground-breaking invention in 1875. The son of a butcher and son-in-law of the chocolatier François-Louis Cailler, he worked for over ten years with cocoa mass and condensed milk until he finally succeeded in creating the perfect recipe for milk chocolate. His sweet "Gala Peter" was →



unbelievably delicate and so soft and creamy that it melted on the tongue. From 1880, the entire industry used Peter's production methods for milk chocolate, and Swiss chocolate conquered the global market.

### Still a piece of identity today – thanks to innovation

Maestrani's business also flourished under these conditions, and in the following decades the company grew to become the largest chocolate producer in the region. In 1998 Maestrani relocated from St.Gallen to Flawil where he had more space. With the construction of Switzerland's largest factory site shortly after the turn of the millennium, the company transformed itself from a traditional crafts business into a modern industrial enterprise, producing around 3,500 tonnes of chocolate a year since then. [Maestrani's Chocolarium](#) has been the poster child for the chocolate company since 2017.

Then as now, everything revolves around innovation. In Eastern Switzerland, too, ingenuity and the pursuit of perfection are the most important drivers. Our [gourmet expedition](#) through St.Gallen brings the diverse chocolate culture to life and entices with chocolate temptations – from sweet, tender, luscious, seductive to luxurious. But see for yourself. —

## On your mark – get set – melt!

4 ultimate tips in the Abbey District



### Oh, how pretty they are

Have a taste, stop by, feast on [Macarons de St.Gall](#) and stay for brunch. Sunday can be so beautiful.

#### Cafe Pelikan

Schmiedgasse 15

📍 [www.chocolaterie-koelbener.ch/cafe-pelikan.html](http://www.chocolaterie-koelbener.ch/cafe-pelikan.html)



### Well worth sinning for

Coffee? Chocolate? Both. In the Chocolaterie Kölbener coffee lovers and [hot chocolate](#) enthusiasts will get their money's worth.

#### Chocolaterie Kölbener am Klosterplatz

Gallusstrasse 20

📍 [www.chocolaterie-koelbener.ch/am-klosterplatz.html](http://www.chocolaterie-koelbener.ch/am-klosterplatz.html)



### Too good for this world

Cocoa processing in its perfect form: the [pralines](#) and [truffles](#) made by owner Vittoria Hengartner and her team are the perfect souvenir that usually doesn't make it all the way home.

#### Praliné Scherrer

Marktgasse 28

📍 [www.praline-scherrer.ch](http://www.praline-scherrer.ch)



### Another delicious treat

The [Biber](#)? A regional gingerbread made of honey dough and almond filling, flagship product of the baking guild, pride of St.Gallen. Its history dates back to the 15th century. Its origin: clearly in St.Gallen. Which is why a bear is also usually pictured on the Biber. At least traditionally. Confiserie Roggwiler, founded in 1941, is known for its very fine Biber. Take it with you or eat it on the spot: in probably the [most beautiful café in all of Switzerland](#).

#### Confectionery and Café Roggwiler

Multergasse 17

📍 [www.roggwiler.ch](http://www.roggwiler.ch)

## Welcome to chocolate paradise



Who'd have thought paradise was just around the corner? At least the chocolate paradise, also called the [Chocolarium](#). At Maestrani in Flawil the deliciously fresh liquid chocolate bubbles all day long, freshly roasted hazelnuts tumble and roll, the fine bars of chocolate and chocolate sticks are stacked high here.

Chocolate is available in the Chocolarium as far as the eye can see and the nose can smell. Here chocolate fans, no matter what their age, can experience everything, find an answer to every question. Speaking of questions: Is this chocolate machine really 100 metres long? And if chocolate makes you happy, [how does happiness get into chocolate](#)? Because voyages of discovery can stimulate the appetite, sampling in the Chocolarium is not only permitted, but expressly desired. Smell, nibble, taste, marvel, decorate and sample until you drop – the Chocolarium is a true [paradise](#) for all the senses. Go on a discovery tour and explore the chocolate side of life on your own or with an expert guide. 📍 [www.chocolarium.ch](http://www.chocolarium.ch)



### Tasting tour

On this tour you will learn more about the culinary history of St.Gallen and sample typical specialities.

- 🕒 Public tours for 4 or more people
- 👥 Private group tours up to 25 people
- 🕒 Duration approx. 2½ h
- 🗣️ German (private tours also in English)

### Culinary flight of fancy over the Rhine Valley

Glide weightlessly through the spectacular Alpstein and then sample Rhine Valley wines and specialities.

- Tandem paragliding flight (start at the Hoher Kasten)
- 🍷 "Wine & Gourmet" sampler
- 🕒 Transfer to the starting point
- 🕒 Duration approx. 3½ h
- 👥 Number of participants: 4 to 8 people
- 🗣️ German, English, others on request

Other culinary hikes, food trails and cooking courses can be found at



page in German

📍 [www.st.gallen-bodensee.ch](http://www.st.gallen-bodensee.ch)

### Advertisement

**VISIT THE CHOCOLATE FACTORY OF HAPPINESS**

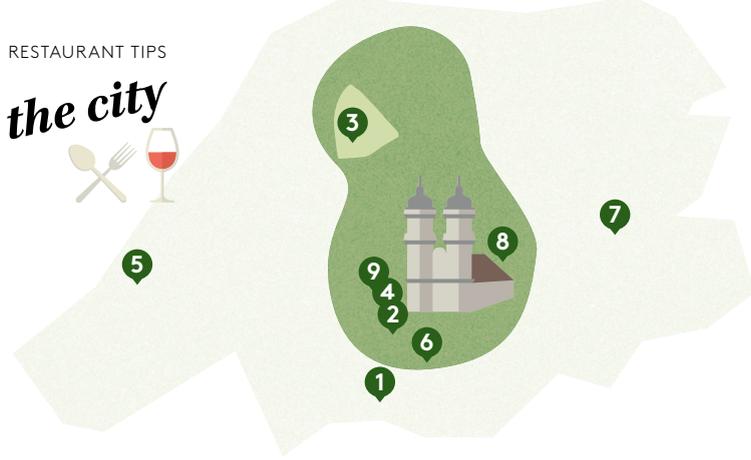
Enter into a fantastic world of discovery with insight into live production. Product sampling encouraged!

[WWW.CHOCOLARIUM.CH](http://WWW.CHOCOLARIUM.CH)

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*In the city*



# Resistance is futile

Creative chefs man the stoves at these city restaurants, they are the unmistakable ambassadors for the new self-confidence of the local gastronomic scene. Makes you hungry for more. So indulge and feast, celebrate the here and now. Reach for your fork and knife and forget all your good intentions. It's worth it.

TEXT AND PHOTOS: ALEXANDRA KOCH



1

**Avant-garde**

Sebastian Zier and Moses Ceylan rely on the simple principle of the best product. Ceylan's avant-garde and oriental influences come together with Zier's classic French style. The result? The two top chefs achieve the perfect symbiosis of tastes and ingenious creations. The successful two-man team, with 18 Gault Millau points and 2 Michelin stars, is one of the shooting stars of 2019.

**Einstein Gourmet**

Berneggstrasse 2  
☎ +41 71 227 55 55  
🌐 www.einstein.ch



2

**Mediterranean**

"Chlöschi" is always abuzz with activity. The bar of the Spanish restaurant is a popular place for St.Gallen locals to meet. Owner Pablo Manso adds the soul and joie de vivre: just like in a Spanish tapas bar, the evenings here are sociable and festive, accompanied by delicious snacks or typical dishes that the guests usually share. Gambas al ajillo are on every table.

**Restaurant Klosterhof**

Bankgasse 16  
☎ +41 71 222 20 85



3

**Poetic**

This enoteca has been celebrating "collective eating" for over 15 years. The changing antipasti menu is well-known throughout the city, the nine dishes are carefully selected and poem-like in their composition. Wolfgang Kahr will always find the right wine – from Gaja to Sassicaia or discoveries of small wineries from Piedmont and Tuscany. Austrian charm included.

**La Vigna Restaurant & Wein**

Engelgasse 12  
☎ +41 71 245 00 88  
🌐 www.lavigna.ch



4

**Pure pleasure**

Traditional starter and main course? Not possible here. Instead the idea is to try lots of small delicious dishes to treat the senses. The focus is on freshness and taste. The host couple Natalie Schneider and Sandro Vladani carefully select products, producers and suppliers. The hosts also demonstrate a high level of expertise with their fine selection of wines, mainly from European winegrowers.

**Genuss Manufaktur Neubad**

Bankgasse 6  
☎ +41 71 222 86 83  
🌐 www.restaurantneubad.ch



### 5 Hearty

At first glance unpretentious, at first bite irresistible. The juicy cordon bleu with chips, vegetables or salad embodies the concept of the iconic restaurant: wholesome and tasty. The diners are a motley mix, there is a straightforward, almost down-home atmosphere. The second you enter, you feel good. Both hipsters and regular customers from the early days.

#### Perronnord Restaurant Bar

Rosenbergstrasse 48

+41 71 220 11 30

www.perronnord.ch



### 6 Cosy

The “Drahtseilbähnli sampler” is simply delicious, is the perfect complement to the local beer and is so unassumingly unique that you have to come back. Meat and cheese from the trusted butcher’s shop. The regional farmer delivers fresh vegetables and eggs twice a week. The extras, chutneys, fig mustard or dukkah, are made from the restaurant’s own recipes. The friendly restaurant with 10 tables is run by the brother and sister team Claudia and Marcel Braun.

#### Drahtseilbähnli Café, Restaurant, Bar

St.Georgenstrasse 31

+41 71 222 42 17

www.drahtseilbaehlnli.com



### 7 Heavenly

The savoury waffle with crunchy vegetables and cream cheese topping has been on the menu since the very beginning. If you’ve ever tried it, you know why: it is a heavenly kind of nourishment, is served up as a work of art and always surprises with aromatic finesse. It has taken a long time to perfect the recipe for the waffle dough. And it’s top secret. The rest is immediately obvious and based on a clear concept: healthy (regional) products grown on good land and sustainably produced.

#### Franz Kafi und Restaurant

Linsebühlstrasse 35

+41 71 525 34 33

www.kafifranz.ch

### In demand

#### Juri Schmid

Host and co-owner, manages the Perronnord together with Fredi Birrer

#### What do you consider typical of St.Gallen?

The good, measured pace. The fact that we don’t succumb to certain fashionable trends here and that a lot of people are happy with a simple after-work beer. Typical for me is also the personal and friendly interaction with one another, coupled with an urban self-assurance.

#### What inspires you about our region?

Fearless people who pursue their ideas and goals without wavering. And an environment that has more to offer from Lake Constance to Säntis than many people suspect.

#### Do you have a favourite place?

The Sitter, totally underestimated by many and in some places incredibly picturesque, can be discovered along the Sitter Beach Trail.

#### Your favourite restaurant?

This changes constantly. And at the moment, I don’t have time to go to restaurants.

#### Best place for a drink?

I like the Einstein Bar, it has certain sophistication. And then there’s the Monti American Bar – it’s wonderfully unique.

#### What should absolutely not be missed on a visit to St.Gallen?

The Abbey Library and the Kunstgiesserei, an art foundry – especially the Material Archive –, the Soap Museum and the Kunst Halle on Davidstrasse – an exciting place for artistic experiments. Then a real St.Gallen Bratwurst is a must, best eaten at a football game of the local team, the FCSG. And last but not least, of course, the Perronnord. I recommend going via the train station. The old Maestrani lettering above the platforms is a regional cultural asset.



**Stylish**

Not only the architecture of the historic building is striking, the cuisine is truly one of a kind. Only fresh, selected regional products, some of which have practically been forgotten, end up on the Schlössli plates. Like the “blue St.Galler potato” or the “Ribelmals”, a traditional dish made from dry-milled corn, which are surprisingly new to discover here. The passion and attention to detail of the friendly host Ambros Wirth can be tasted in every bite. → **Don't miss:** the architectural pearl Pfalz-keller designed by star architect Calatrava (opposite the entrance).

**Restaurant Schlössli**

Zeughausgasse 17  
☎ +41 71 222 12 56  
🌐 www.schloessli-sg.ch



8

**What else?**

**Villa am See, Goldach**

The name, Villa on the Lake, says it all. The former residential home from the end of the 19th century is a gem for gourmets; with garden pavilion and terrace.

☎ +41 71 845 54 15  
🌐 www.villa-am-see.ch

**Restaurant Treichli,**

Wienacht-Tobel  
Once you've been here, you'll never want to leave. The view is too breathtaking, the spot too idyllic. Seasonal freshness is served up in every dish.

☎ +41 71 891 21 61  
🌐 www.treichli.ch

**Schloss Oberberg, Gossau**

Be a real king for once or at least feel like one. The castle restaurant from the year 1262 is just the right place. With garden and public guided tour of the castle.

☎ +41 71 385 23 18  
🌐 www.schlossoberberg.ch



9

**Mindful**

Markus Schenk is deeply rooted in the food culture of the Alpine region, consistently relying on slow food. Only products from Eastern Switzerland are used, supplemented by specialities from the neighbouring Alpine region. Just how refined and fresh this honest cuisine is can be seen in the homemade pasta with its seasonal and regional fillings. Markus Schenk was awarded 14 Gault Millau points in 2018.

**Restaurant Barz**

Bankgasse 4  
☎ +41 71 571 06 14  
🌐 www.barz.ch



**Alexandra Koch**

is fascinated by food. As a food photographer and food blogger (→ Karma Meals) she sets the stage and invites the viewer to participate in stories of (everyday) food. For 612 she was out and about in the St.Gallen restaurant scene. And has packed the local flavours into her text and images.

🌐 alexandrako.ch/blog

# A mecca for beer lovers

**St.Gallen is a beer mecca. We have not only the oldest and one of the largest breweries in Switzerland, the environment is also ideal for innovative microbreweries. They are springing up everywhere. All the brewers are proud of “their beers” and claim to have the best. We wanted to find out and invited four beer brewers to a beer taste test.**

TEXT: CHRISTOPH FLEISCHMANN



**Tasting beer like a (brew) master**

The first step is to take a good look. Starting with the **head**. Does the foam cling to the glass? Take note of the consistency and stability. Now on to the **colour**. The spectrum ranges from a light straw yellow to brown and amber. The final step in phase 1 is assessing the beer's **clarity**. Hazy or not hazy, now that is the question; next comes the sheen. Phase 2 is tasting. The **smell** (aromas and scents from hoppy to fruity, floral, pure and caramelly to citrusy) finally leads to the most important thing of all: the **taste**. Now take your first sip to describe the overall impression; texture and body are also relevant here. The carbonation has to do with freshness, mouthfeel and flavour. And finally the finish is about bitterness, intensity, quality, harmony and general perception.

Well, what do you think?  
We say: **cheers. Enjoy.**  
→

# Richard Reinart tests the beer in reverse



**Richard Reinart**, TUB master brewer, certified beer sommelier, 1st master brewer Brauerei Schützengarten AG, St.Gallen. The Schützengarten brewery was founded in 1779 as Switzerland's oldest brewery and today produces around 175,000 hectolitres of beer for 20 varieties.  
www.schuetzengarten.ch

# by Marco Bleisch and



**Marco Bleisch**, creative brewer, owner BCB Bleisch Craft Beer, St.Gallen. The small company focuses on its very own special homemade beers and is dedicated to developing different character traits and taste impressions.  
www.bleischcraftbeer.ch



**Bleisch Craft Beer**  
Honey rosemary  
5.8% by volume

**“The intensity of this beer is surprising.”**



“Honey-rosemary” is a complex creation with a multi-layered, long-lasting aroma profile that is perfect for the first days of spring. A gourmet beer made to be enjoyed by creative connoisseurs.



**At first glance**  
Beautifully designed label with good brand recognition.



**My evaluation**  
The head has fine to medium pores and good retention; the beer itself is a brassy colour with golden reflections and has homogeneous, slight turbidity.



The aroma is fruity, with hints of sweet honey and complex herbal scents.



Herbal and honey flavours also come through here. The beer has a moderate bitterness, with slight acidity, which feels almost wrapped in the sweetness of the honey. It has a light astringency, leaving a slightly dry feel in the mouth.

**“This beer always tastes the same.”**



That’s not a flaw, it’s a high art. Like all Schützengarten beers, this “lager” stands for quality. It is a flawless beer, uncomplicated on the palate and goes down like rain falling from the sky. That makes it a good everyday beer.



**At first glance**  
Lager is completely and totally accurate.



**My evaluation**  
The head has good stability, has fine pores and clings to the edge of the glass when drunk. The colour is bright, with a straw yellow transparent touch. The beer is clear and filtered.



A fine malt and grain-like flavour comes to the fore. It smells slightly sweet, with a rather discreet hops touch and a pleasant hoppy bitterness.

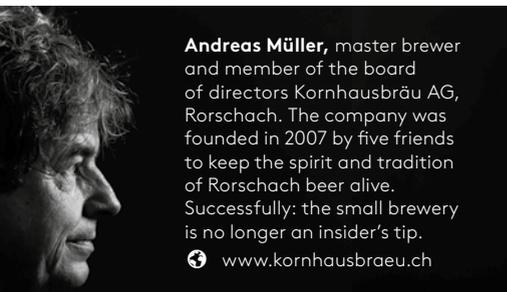


The first impression? Pleasant, balanced, with a smooth full-bodied taste. A fresh, sparkling beer for almost any occasion. The light bitterness makes for an uncomplicated beer, which means you’ll have to place another order soon ...



**Schützengarten**  
Light lager  
4.8% by volume

Order like a local:  
**«Es Schüga, bitte!»**  
(one Schützengarten beer, please!)



**Andreas Müller**, master brewer and member of the board of directors Kornhausbräu AG, Rorschach. The company was founded in 2007 by five friends to keep the spirit and tradition of Rorschach beer alive. Successfully: the small brewery is no longer an insider's tip.

[www.kornhausbraeu.ch](http://www.kornhausbraeu.ch)

# Andreas Müller tests the beer in reverse

## by Walter Tobler and



**Walter Tobler**, certified beer sommelier and owner of Huus-Braui AG, Roggwil. The idea for the small, fine speciality brewery emerged in 2001; just one year later, the first keg was tapped. Since then, Huus-Braui AG has brewed four types of beer and special seasonal beers.

[www.huus-braui.ch](http://www.huus-braui.ch)

**“The beer keeps its promise.”**



**Huus-Braui**  
India Pale Ale  
6% by volume



An India Pale Ale is ideal for a sociable evening with good food. Would I have liked to have invented it myself? That's the million-dollar question. It is a traditional type of beer that is still popular in the craft beer scene. And, of course, I want more of this regional speciality.



**At first glance**

Unassuming appearance, appropriate for a pale ale, atypical bottle shape.



**My evaluation**

The beer has a fine-pored, slightly brownish head, is amber-coloured and slightly opal.



The nose is hoppy aromatic, sweet, fruity and lemony.



The first sip is light, soft and typical of the variety. The carbonation: moussey. And the finish is intensely bitter.

Popular meeting point:  
**the bar in the converted cellar of the “old Öli” of the Huus-Braui in Roggwil.**

**“This beer is fun.”**



**Kornhausbräu**  
Wheat, naturally cloudy  
5% by volume



“Das Weizen” is a beautiful, “Bavarian” wheat beer which is great for hot summer days and enjoying in the garden. Best with a wonderful summer fruit salad – absolutely delicious. It always whets the appetite for the warmer season.



**At first glance**

Unpretentious: the Kornhausbräu wheat.



**My evaluation**

The head is snow-white and has good stability. It has a light straw colour and is beautifully hazy, typical for the variety.



It has typical banana aromas and fine hop scents.



On the palate, the beer has a very pleasant flavour. It is mild and fresh, has hints of fine malt and a subtle hoppy taste. A pleasant fruity aroma lingers in the mouth.

**Enjoy the beer right in the Kornhausbräu brewery – at the longest bar in Rorschach.**

# Sampling exquisite Rhine vintages!

Do you have a preference for long stems and suppleness? Remember these up-and-coming names from the St.Gallen Rhine Valley – and give them a try.



## High-flyer

Christoph Schmid is the fifth generation to head up the successful winery. The award-winning young winemaker does not shake up long-established traditions, but rather finds exciting facets and new momentum in old varieties such as Dornfelder and Pinot Noir.

## tobias wein.gut.

Tobias Schmid & Sohn AG,  
Berneck

📍 [www.tobias-weingut.ch](http://www.tobias-weingut.ch)



## Award-winning

A wine from the Appenzellerland? That's unusual. But where the Appenzellerland merges into the Rhine Valley with its warm winds, top wines like the Appenzeller Malbec are produced, which won the gold medal at the Grand Prix du Vin Suisse in 2018.

## Winery Schmid Wetli AG

Kaspar and Susanne Wetli,  
Berneck

📍 [www.schmidwetli.ch](http://www.schmidwetli.ch)



## Rookie of the Year 2019

The Gault-Millau award is more than deserved: the exclusive and award-winning wines of the emerging talent Roman Rutishauser inspire wine connoisseurs all over the world. → **Not to be missed:** the Rebkulturweg (vineyard trail) is a one-hour walk over the Buechberg through the middle of the Thaler vineyards.

## Weingut am Steinig Tisch

Roman Rutishauser, Thal

📍 [www.rutishauser-weingut.ch](http://www.rutishauser-weingut.ch)

## Tasting and indulging



A total of 100 wines from around 20 wine producers in the canton of St.Gallen: the Haus des Weins brings together the diversity of the St.Gallen wine culture under a single roof. Every first Saturday of the month, two winegrowers present their craft and invite wine lovers to a tasting.

## Haus des Weins

Berneck

Every Saturday, 11 am to 4 pm

📍 [www.hausdesweins-sg.ch](http://www.hausdesweins-sg.ch)

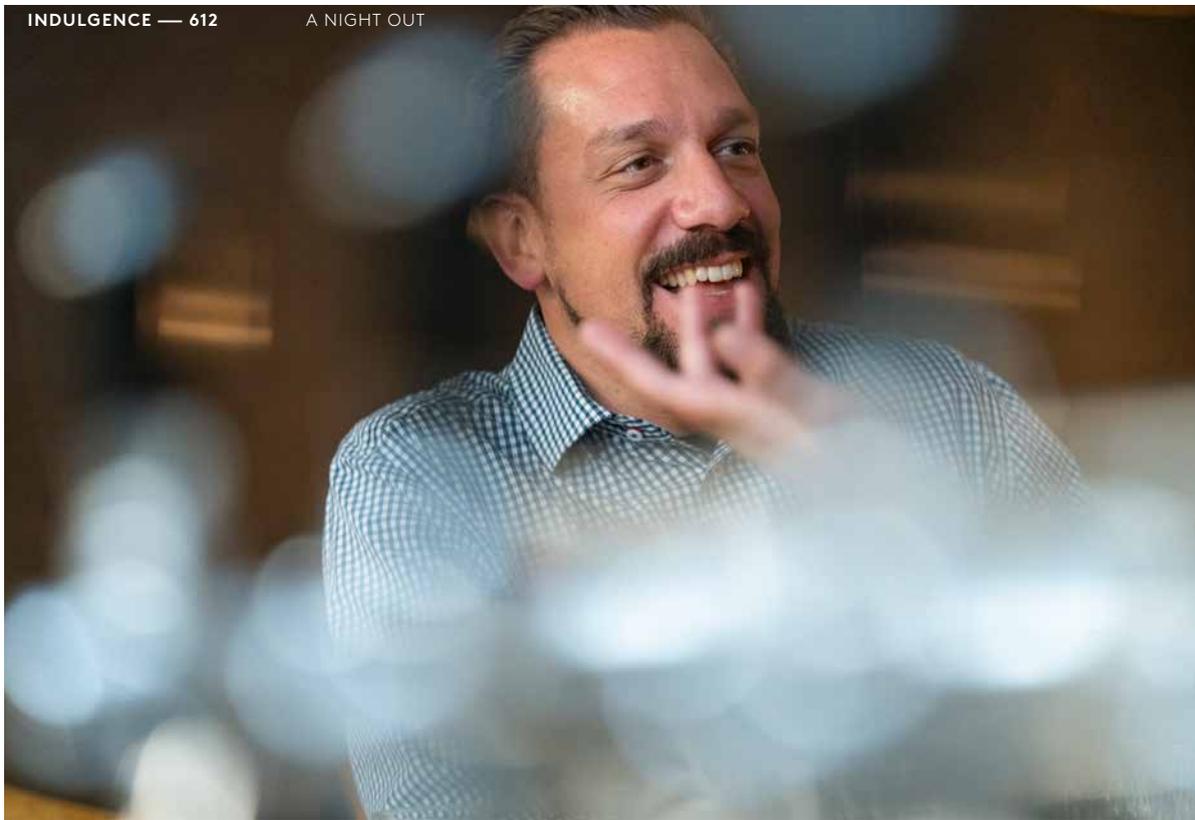
5

# A night out

The best bar tips? Come from the locals. One local who knows the scene very well is Philipp Sennhauser. Even more interesting is the fact that he is head of the canton traffic police. 612 joined him for a night out. On a glorious Thursday evening. And, of course, on foot.

TEXT: SIBYLLE JUNG PHOTOS: DANIEL AMMANN

→



## 8.30 pm

### Blumenmarkt

“Who would even want to be a politician nowadays?” Less than five minutes after meeting, we are discussing the big questions of the past and present. The gin and tonics we ordered haven’t even appeared yet. A chorus of hellos. Everyone knows each other. Typical St.Gallen. And typical Philipp. He is alert; cool with the boys, suave with the ladies. He has everything under control. In our discussion of politics we

touch on Olma, fish farming, urban development projects and historiography and then to Netflix, the new series that the photographer thinks is totally crazy. “Who do I hang out with here?” He doesn’t hesitate: “Good men.” Somehow it says a lot about the Blumenmarkt. It’s a bit urban here. Transparent, welcoming. Not a place for a date. Much too bright. More suitable for a nice after-work aperitif, coffee on

In the Blumenmarkt café and bar, you meet “good men”, women (in love), an urban clientèle (yes, yes, you can find that in St.Gallen). The best place? At the window. Panoramic view included. Marktplatz  
 [www.blumenmarktbar.ch](http://www.blumenmarktbar.ch)

Saturday morning, a gin and tonic before a night out. And our gin and tonic has now arrived. And it’s just right. Because it adds the right dash of pep. Which is exactly what it’s supposed to do. The night is young. And what was that again about the good men? The discussions on these and other topics are spirited, amusing and witty. The only thing empty is the gin and tonic glass. Shall we move on?

## 11.10 pm

### Lunaris

## 9.45 pm

### BrüW Brewpub

“Absolutely not St.Gallen.” At least that’s how it feels. The interior? Not St.Gallen. The people? Somehow not St.Gallen either. More like Berlin’s downtown? No. St.Gallen. Somehow it is. It can also do this. Fresh, innovative, different. And what beer do you want? “A sweet one.” The Kornhausbräu honey lager is brought to the table. Later, a second one. At the bar you can sample each beer straight from the tap. No beer is like any other, here, in the place where people used to get piercings. It’s no surprise that Philipp was here at the opening. Everyone knows each other here, too. We meet interesting people to talk to. The pace of discussion and interaction are high. Ping. Pong. A bit of everything. “We’re in heaven.” This sentence seems to come out of nowhere. And it’s completely accurate. “Which beer is your favourite now? No. 7?” And what was the story again, back in London? With the last sip in the BrüW, a little local pride rears its head: “We’re good at beer.” Where to now? “To my favourite bar, the Lunaris.”



“Hey, Philipp, how’s it going?” What a nice welcome. It’s good to feel so comfortable from the first minute. One spot (the best one) at the window is free. We order Old-Fashioneds. The most popular cocktail in the world. A drink of memories. Philip starts to rave. About memories. And above all, about how this place needs to be cloned. “I have spent hours here. Days.” It’s a place that makes you happy. A little bit of New York in St.Gallen. The best kind of bar. For cigars, whiskey, rum. “My vices.” What makes the bar so special? “The daily grind of life stays out-

side.” Harmonious indulgence meets sophisticated atmosphere and good conversations. For example, with the man behind the bar, who used to be a banker and knows every product, really every single one in his small, yet big bar. And every guest. “I feel totally welcome.” Quieter, almost thoughtful. For the first time this evening his gaze wanders. But he’s back the next moment with total focus. “Are we still heading south?” A reference to the Südbar.



Unique. The BrüW doesn’t want to fit into St.Gallen at all. Which is why it fits so well. A must for anyone who wants to immerse or submerge themselves in St.Gallen and – very important – ideal for beer lovers. Torstrasse 25

 +41 78 866 36



The Lunaris Chillout Bar exudes a touch of New York. In this small oasis, guests are treated like nowhere else in St.Gallen. Happiness within reach. Augustinergasse 26  
 📍 [www.lunarisbar.ch](http://www.lunarisbar.ch)



## 12.15 am

### Südbar

Still in chill mode – we have now entered the happy fun bar. The music's loud. The drinks colourful. The atmosphere: care-free. Anyone who came here tonight thinking about everyday problems is sure to be rid of them by now. A one-on-one? No chance. The "I can barely hear you" can only be lip-read. We sip and stir our drinks. For a split second. We're already involved in another conversation. "Aren't you a cop?" The DJ's cranking it up. Amazing what can be discussed at this volume. We talk about primary school, outlying quarters, take each other for a ride and then get serious again. And want to use

artificial intelligence to save the economy. Last orders. "What? It's already that late?" The world and the economy haven't been saved yet. "One more?" ...



## 1.10 am

Common sense has won out. Hug. Bye. Thanks. Good times. Much too short. See you again soon. And then we'll find answers to the politicians, big city longings, the "good men" and all the other big issues of the day. —

The Südbar is as catchy as Pharrell Williams' song Happy. During the day we meet for coffee and cake; in the evening for a carefree night out. Oberer Graben 3  
 📍 [www.suedbar.ch](http://www.suedbar.ch)



# Off to the Bermuda Triangle



The Bermuda Triangle is not considered the devil's triangle for nothing. While the Bermuda Triangle in the Atlantic Ocean is all about shipping, we have bars and restaurants that couldn't be closer together. We highlight 9 of them. A pub crawl is more than worth it.

### 1 Weisses Kreuz

Popular meeting place with international and local guests  
 Engelgasse 9  
 📍 [www.weisseskreuz-sg.ch](http://www.weisseskreuz-sg.ch)

### 2 Alt St.Gallen

The oldest Beiz, or pub, in the city with probably the most bizarre decoration: a guillotine. Nobody knows exactly how it came to the Alt St.Gallen.  
 Augustinergasse 23

### 3 Rock Story Bar

The name says it all. So go there, rock out, write a story.  
 Augustinergasse 26

### 4 Picante

Pleasantly lively and relaxed club bar in the Bermuda Triangle. A good hangout.  
 Augustinergasse 25  
 📍 [www.picante.ch](http://www.picante.ch)

### 5 August Bar

Everyone, even far beyond the city limits knows that the floor here is covered in sawdust. And why? Bartender Martin will tell you why.  
 Augustinergasse 31  
 📍 [www.august-bar.ch](http://www.august-bar.ch)

### 6 Metzgerter

A pleasant mix of wine bar, beer bar and bistro. Highlights? The large fumoir and the self-service wine bar with 24 varieties.  
 Metzgergasse 31  
 📍 [www.metzgerter.ch](http://www.metzgerter.ch)

### 7 Krug

The Krug is a downtown neighbourhood pub. Workmen, bankers, veterinarians and politicians all in one place. Ideal for a card game and surprisingly refreshing conversation.  
 Metzgergasse 28  
 📍 [www.krugstgallen.ch](http://www.krugstgallen.ch)

### 8 Gallus Pub

In the pub named after our monastery founder, Irish is the order of the day. Walk in, drink a beer, enjoy.  
 Metzgergasse 13  
 📍 [www.gallus-pub.ch](http://www.gallus-pub.ch)

### 9 Bar Palma

Dine on the 1st floor on a slanted floor or find out what's happening in the city with a cocktail on the ground floor.  
 Metzgergasse 3  
 📍 [www.palmabar.ch](http://www.palmabar.ch)

## What else?



### Monti American Bar

The bar of 1,000 drinks with an entry in the Guinness Book of Records  
 Rosenbergstrasse 55  
 ☎ +41 71 222 66 90

### Buena Onda

The bar that satisfies every wanderlust  
 Lämmlisbrunnenstrasse 51  
 📍 [www.gutewelle.blogspot.com](http://www.gutewelle.blogspot.com)

### Splügen

Surprising interior and wonderful garden restaurant  
 St.Georgenstrasse 4  
 ☎ +41 71 222 16 29  
 📍 [www.restaurant-spluegen.ch](http://www.restaurant-spluegen.ch)

### Einstein Bar

The most beautiful mirrored bar in the world  
 Kapellenstrasse 1  
 ☎ +41 71 227 55 20  
 📍 [www.einstein.ch](http://www.einstein.ch)

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**“The Lake Constance region is my home. Wherever I travel in the world, the feeling of coming home and being surrounded by Steiniger Tisch, Alpstein and the lake is truly unique.”**

Jolanda Neff  
Mountain bike world champion

♥ Inspirational spot: Sunday brunch in the Motzer bakery perched on the Buechberg hillside with a walk on the Steiniger Tisch

# Up the stairs – down the stairs – coffee!!

612 sent Walter Eggenberger, the “moral compass of the nation”, out and about. On his walk around the city up to the Drei Weieren, or Three Ponds, and back down again, which in his words was “exhausting”, he noted down keywords and his impressions.

NOTES: WALTER EGGENBERGER  
PHOTOS: KARIN GOLDINGER



Ascent along the rugged Mülönen Gorge as Eggenberger points out the sights.

We meet at the valley station of the Mühleggbähnli funicular, but don't buy a ticket because we have opted to walk up the length of the gorge – not every city can boast such an impressive ravine just 100 metres from one of the most beautiful cathedrals in Europe. Further up is the natural bridge. Wow! Don't miss it. To the left of the mountain station of the Mühleggbähnli funicular, we head up to the Weieren, the city ponds, which offer a sensational view over the city – from Winkeln to Lake Constance. You can impress fellow hikers with local knowledge: monastery / St.Laurenzen church / university / grammar school / hospital / Lake Constance / Friedrichshafen – we might even see a blimp. And don't forget to look over the ponds to the right where you can see the most beautiful swimming spot in Switzerland. A house with no name sits at the edge of the middle pond – you'll see signs not to park bikes here! The text (info board on the house) is good: it tells how the middle pond was redesigned for the first time in 1677 ... and a 17-pound pike was caught. Bon appétit! Or as the Swiss say, En Guete!

From the very top of the Gesstreppe stairs: the most beautiful panoramic view of the city and all of Lake Constance



Short foray to the Schillerlinde, a linden tree, 200 metres further along in the direction of Notkersegg: according to a sign, this tree was planted in 1905 by the “grateful youth” who dedicated the tree to Schiller – but what the youth was so grateful for is not explained. For his play “William Tell”? No idea.

During a short break it's worth reading the text on the info board at the “Grand Tour of Switzerland” photo spot. You learn a lot about the Drei Weieren. And then it's stressful on the way down the stairs – called the Gesstreppe stairs which are reminiscent of a quote from the “Totemügerli”, a short story written by Franz Hohler in Swiss Bernese dialect: “U dene ischs i d Chnöde glöötet.” Which loosely translates as “so utterly horrifying it shakes you to the core”. And don't think we're finished now that we've reached the bottom of the Gesstreppe stairs. The stairs join up here with the Drei Weieren trail, which is simply the continuation of the long set of stairs. Salvation is near. The Kaffeehaus! For a well-deserved break and the coffee is excellent. It's well worth it.

And then we are back in the city and have the opportunity to see the Linsebühlstrasse with its risqué past as part of the red-light district as it really is: vibrant, friendly, bustling. Finally we make our way back to the Abbey District – Spisergasse with the oriels to the right and left and a lucky find: a stylised small wine barrel on the wall of the building at Spisergasse 11. The text is interesting and puzzling at the same time. It's worth taking the time to read the text and philosophise about it: what happened? Read for yourself ... But only after the walk Mülönen Gorge – Drei Weieren – Kaffeehaus – St.Gallen old town. Have fun!



Black on white: a 17-pound pike was caught here.

Alone or in couples: you can spend some wonderfully romantic hours on the dock behind the house on the middle pond.



## 3 more inspirations for hikers



**Thou shalt cross 18 bridges**  
Enchanting hike along the Sitter River with information about the design and construction of the bridges.



Tip: Schnitzel break at Restaurant Spisegg – small, medium or large depending on how hungry you are.

www.spisegg.ch

**Thou shalt kiss 4 princesses**  
The Schösserrundweg, or Castle Trail, in the municipality of Rorschacherberg, passes four castles on the way up, offering a fantastic view of Lake Constance at the very top.



Tip: Take the Rorschach-Heiden railway to get there (get off at the Wartensee stop).

**Thou shalt pet 37 wild animals**  
Beautiful wildlife park (Peter und Paul) on a hilltop near Rotmonten, where deer, chamois, lynx, marmot and ibex live in an Alpine setting.



Tip: Don't pet the animals in the park ... :-)) go to the Nature Museum instead where you are invited to pet the stuffed animals on display.

www.naturmuseumsg.ch



# St.Gallen and the detectives

**“We saw a real guillotine used to behead people,” Joel tells his classmates after the school holidays; still excited. The eight-year-old was on an adventure tour with his godmother, Bettina Güntensperger\*, her sister and three other kids. As detectives.**

TEXT: 612 EDITORIAL STAFF PHOTOS: KARIN GOLDINGER

“Let’s do something active and exciting.” – “How about the Detective Trail?” – “Great idea.” – “Yeah, it’s cool.” The adults are already sitting at the computer, and eleven-year-old Sarina and nine-year-old Hannah are packing hip bags with drinks, pens, plasters and some sweets for the trail. We’re good to go. The exciting Detective Trail takes the four little sleuths and their adult companions across St.Gallen on a quest for new brain-teasers.

“At last we’re going to walk really far,” says Joel enthusiastically; Sarina is keen to solve the challenging riddles and is already excited about the treasure at the end of the trail together with the other kids. The route is varied and takes amateur detectives along winding paths through the city centre with its park and bird sanctuary and up steep steps into nature with stunning views along the way. Some of the exciting discoveries surprise even



the grown-ups. Bettina Güntensperger discovers the guillotine in the Bermuda Triangle, and her sister visits the grounds of the St.Gallen Children’s Festival for the first time. Other highlights along the trail include the “spitting lady” fountain next to the university, a good place to cool off on hot summer days, and the city wall with its fascinating history.

A fun and entertaining experience – after two and a half hours of solving clues through St.Gallen, we’re not a bit tired.



## The city of short distances

The riddles are fascinating. So much so that everyone forgets how far they have walked in the last two and a half hours. “Far,” says ten-year-old Jeannine. “11,000 stairs, to be exact,” adds Sarina. Bettina Güntensperger is glad that she has seen the city again through the eyes of a tourist. And: “It’s always amazing how short the distances are between the different parts of the city.” One last clue. “So cool,” the kids say.

But they don’t tell us what it’s about. After all, everyone who does the trail deserves to be surprised. Would you recommend the Detective Trail? “Absolutely,” it sounds unanimous. “There are cool clues to solve, you see the city from a completely different perspective and take routes you wouldn’t otherwise go.” —



### St.Gallen Detective Trail

An exciting way to see the city – find out more and book your tour today



More excursions for families, clubs, couples, schools and companies can be found at:

[www.st.gallen-bodensee.ch](http://www.st.gallen-bodensee.ch)

\* **Bettina Güntensperger** is the Co-Head of the St.Gallen-Bodensee Convention Bureau

# More beautiful than this? Virtually impossible

A driven entrepreneur with a fast-paced work life. He rides his bike as a counterbalance: **Andreas Pfister**. He selected one of his favourite racing bike tours for 612. Wouldn't it be nice to hop on a bike right now?

CYCLED AND PHOTOGRAPHED BY: ANDREAS PFISTER

## The route

St.Gallen → Wittenbach → Egnach → Arbon → Goldach → Rorschacherberg → Rheineck → Au → Widnau → Altstätten → St.Anton → Oberegg → Rehetobel → St.Gallen



### Length, level of difficulty

A bit long for non-racing cyclists with a distance of 95 km; popular with (ambitious) and doable for amateur cyclists. Option: just ride part of the route. For example, St.Gallen to Goldach and back again. Or the rest from Goldach.

“If you are looking for a nice, easy-going tour, this loop trail is one of them. It shows just how indescribably multifaceted and beautiful the region is. After leaving the city, the tour leads through the slightly hilly landscape towards Lake Constance. The fruit trees bloom in spring and in autumn the area is bathed in warm colours. The ride along the shore is simply beautiful. Above Rorschach, you then head down towards the flat St.Gallen Rhine Valley. And from the picturesque town of Altstätten over the Ruppen Pass – popular with cyclists as you are rewarded for your efforts with the beautiful view from St.Anton. The way down from here to St.Gallen? Nothing but fun.”

## Highlights on the tour

### Wasserschloss Hagenwil



→ The route goes right past this castle.

[www.schloss-hagenwil.ch](http://www.schloss-hagenwil.ch)

### Arbon lake promenade



→ A perfect place for a leisurely stroll; quaint old town; a bite to eat e.g. in Hotel Wunderbar.

[www.hotel-wunderbar.ch](http://www.hotel-wunderbar.ch)

### Altstätten

→ Gem in the Rhine Valley, historical market town, wine-growing region.

### Ruppen Pass

→ 1,003 m above sea level; the summit is located in the canton of Appenzell Ausserrhodens; relatively little traffic, constant gradient, popular with racing cyclists.

### St.Anton



→ Unique panoramic view from Lake Constance over Thurgau to the Appenzellerland, the Alpstein region and Säntis peak, the Bündner Alps, Liechtenstein's Vorarlberg region and southern Germany. Have a bite to eat on one of the most beautiful panoramic terraces in Eastern Switzerland.

[www.st-antonoberegg.ch](http://www.st-antonoberegg.ch)

## 3 more tours for cyclists



### Hand on your heart

You'll agree that stage 13 is the most beautiful of the Herzroute, the Heart Trail, which runs right through Switzerland. Granted, we are not entirely objective ...



page in German

Tip: Jump into the cool water in the lakeside facility of Steinach, just behind the historic Gredhaus.

[www.steinach.ch](http://www.steinach.ch)

### The Rhine route

Through landscapes created by the Alpine river along the Rhine route.



page in German

Tip: Immerse yourself in a bit of industrial history – in the Saurer Museum, Arbon.

[www.saureremuseum.ch](http://www.saureremuseum.ch)

### Take a closer look

Charmingly beautiful. The Lake Constance loop tour is the most beautiful setting for the jewel that is Lake Constance.



page in German

Tip: Two tours, one Bregenz–Romanshorn, the other Romanshorn–Stein am Rhein, to discover the entire length of the Swiss side of the lake.

# This is my St.Gallen

Some places are enchanting. Some cities and regions leave a lasting impression. But there is one place that gives you a special feeling that you can describe with just one word: home. St.Gallen is mine. And these are my tips.

TEXT AND PHOTOS: CLARISSA SCHWARZ



**Clarissa Schwarz**

is an avowed fan of St.Gallen. She knows every corner, every tip and wants to share them with the world. She shows the city of Gallus from its most beautiful sides in her blog ([www.thisismysaint-gallen.com](http://www.thisismysaint-gallen.com)). You can also leaf through her tips in the pocket guide of the same name. She reveals her favourites for 612.

## My tip for bad weather

Is there anything to do if it rains, hails or snows outside? Off to the Botanical Garden where you can see more than 8,000 amazing plants from all over the world. The temperatures are pleasantly warm between 25 and 28 degrees in the tropical house. Gold dust day geckos and Cuban whistling frogs live among the rare exotic plant species.

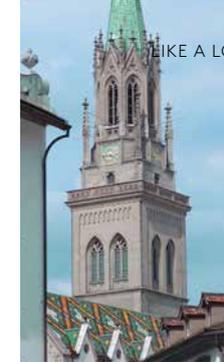
[www.botanischergarten.stadt.sg.ch](http://www.botanischergarten.stadt.sg.ch)



## This place keeps casting its spell over me

The landmark of the city of St.Gallen: the 18th century cathedral, which has been a UNESCO World Heritage site since 1983, is well worth a visit. The paintings by Joseph Wannenmacher on the vaulted ceilings, the more than 800 angels in the interior and the malachite green stucco work of the Gigl brothers make this church one of the most beautiful and impressive in Switzerland for me.

[www.stiftsbezirk.ch](http://www.stiftsbezirk.ch)



## Above the roofs of the city

If you want to get an overview of the city, you need a spot with a view. You can find it in the tower of the St.Laurenzen church. It is considered the most important church in the city after the cathedral. From March to November, tours of the tower are offered twice a day at 10 am and 3 pm. The walk up the 187 stairs is rewarded with a fantastic view of the old town of St.Gallen.

[www.ref-sg.ch](http://www.ref-sg.ch)



## 5 things you have to do in St.Gallen

- ✓ Stroll through the Schmittengässlein (1.21 metres wide), Switzerland's fourth narrowest street.
- ✓ Swim in the Volksbad, the oldest indoor swimming pool in Switzerland (built in 1906).
- ✓ Visit the flea market on Gallusplatz; sit under the 100-year-old linden tree and enjoy a cup of coffee.
- ✓ Take the Appenzeller railway from St.Gallen to Appenzell.
- ✓ Eat a St.Gallen bratwurst with Bürl, a kind of regional bread (but no mustard allowed!).



I hope you have a wonderful time in St.Gallen. Share the beautiful moments and show me your perspective on the city.  
[#thisismysaintgallen](https://www.instagram.com/thisismysaintgallen)



## My culinary highlights

It is difficult to choose just a few because St.Gallen has so many good restaurants. These five restaurants are particularly dear to my heart – the quality, atmosphere and hospitality are just right.

Käsespätzli (homemade noodles with cheese):

Restaurant Drahtseilbähnli

[www.drahtseilbaehni.com](http://www.drahtseilbaehni.com)

Fish/meat: Restaurant Lagerhaus

[www.restaurantlagerhaus.ch](http://www.restaurantlagerhaus.ch)

Burgers: Restaurant Stickerei

[www.stickerei.sg](http://www.stickerei.sg)

Soups/stews: Geschmackslokal

[www.geschmackslokal.ch](http://www.geschmackslokal.ch)

Momos: Tibet Corner

[www.tibet-corner.ch](http://www.tibet-corner.ch)



# Never-ending view of infinite beauty

One lake, three countries, no borders. Fluid. Floating. Conscious unconscious. A quality of life that captivates. Stimulates. Motivates. Dive in. Literally. Or figuratively. Regardless: be inspired. By a lake that offers the most beautiful never-ending view. For all that is possible. Like exploring different worlds.

PHOTOS: BEAT BELSER



Look up. A blimp. Look down. Crystal clear water. Look in front of you. The other bank. Look inside. Freedom, longing. Comfort. This is how good things feel.

Summer holidays mean  
heading out on the lake.  
Watching the schools of fish.  
Diving head first into the water.  
Letting the sun kiss your forehead.  
Being enchanted by the sunset.  
Letting loose.  
Being a kid again.  
For one day.  
And the next.



Lake Constance, you are such a wonderful place. You bewitch me. Again and again.  
You're thrillingly unassuming. Falling in love with you is inevitable. If it hasn't happened already.

# Moments of happiness in pairs

Pack your bike, ride around the lake. Put on your trainers, walk by the lake. Hop on the ferry, feel the breeze in your hair. Lake Constance has so much to offer. 612 has selected 10 tips that invite you to dive in, immerse yourself and resurface.



**1** Romanshorn  
**Harbour restaurant and car ferry**

Dine under maritime sails in the chic harbour restaurant or travel by car ferry across Lake Constance to Friedrichshafen and back to relax and unwind.

Restaurant Hafen  
[www.restauranthafen.ch](http://www.restauranthafen.ch)

Cruises on Lake Constance  
[www.bodenseeschiffe.ch](http://www.bodenseeschiffe.ch)

**2** Horn/Bregenz  
**Emily and the Festival**

Sail to the festival on the motor yacht "Emily" owned by Hotel Bad Horn – with dinner during the crossing followed by a visit to Rigoletto.

Bad Horn Hotel & Spa  
[www.badhorn.ch](http://www.badhorn.ch)

Bregenz Festival  
17 July to 18 August 2019  
[www.bregenzfestspiele.com](http://www.bregenzfestspiele.com)



**10** Kreuzlingen  
**Seeburgpark and Schloss Seeburg**

Straightforward and with direct access to the lake, sunbathe and enjoy culinary delights in a historical setting.

Seeburgpark  
[www.badi-info.ch](http://www.badi-info.ch)  
> Kreuzlingen Seeburgpark

Schloss Seeburg  
[www.schloss-seeburg.ch](http://www.schloss-seeburg.ch)



**3** Rorschach  
**Bathhouse and La Vela**

Take a refreshing swim at the oldest bathhouse on Lake Constance and enjoy pure Italianità with an espresso and dolce overlooking the lake.

Bathhouse  
[www.badhuetten.ch](http://www.badhuetten.ch)

La Vela Bar Caffè Pasticceria  
[www.lavela.ch](http://www.lavela.ch)



**9** Meersburg  
**Secret trails and a picnic on the Rondell**

Stroll in the shade of old trees between the upper and lower city and picnic on the grass next to the thermal baths.

The hidden trail  
[www.staatsweingut-meersburg.de/plaetze-meersburg-bodensee](http://www.staatsweingut-meersburg.de/plaetze-meersburg-bodensee)

Picnic on the Rondell  
[www.bodensee.de](http://www.bodensee.de)  
> Erleben Genuss Picknickplätze

**4** Altenrhein/Rheineck  
**Aviation Museum and Alter Rhein cruises**

Visit the Aviation Museum on the grounds of the Altenrhein airfield and chug through the enchanted landscape of the "Alter Rhein" to Rheineck with the MS Rhynegg.

Aviation Museum  
[www.ffa-museum.ch](http://www.ffa-museum.ch)

MS Rhynegg, timetable at  
[www.bodenseeschiffe.ch](http://www.bodenseeschiffe.ch)



**8** Friedrichshafen  
**Cultural Festival and Dornier Museum**

Let yourself be enchanted by music, dance, theatre, vaudeville and street artists at the great Lake Constance Cultural Festival and experience 100 years of aerospace history.

Kulturufer Friedrichshafen festival  
26 July to 4 August 2019  
[www.kulturufer.de](http://www.kulturufer.de)

Dornier Museum Friedrichshafen  
[www.dorniermuseum.de](http://www.dorniermuseum.de)



**5** Bregenz  
**Kunsthhaus and paddle boats**

Marvel at the art and architecture of the art museum designed by Zumthor and get some fresh air on a paddle boat in the charming gondola harbour.

Kunsthhaus Bregenz art museum  
[www.kunsthhaus-bregenz.at](http://www.kunsthhaus-bregenz.at)

Bregenz boat rental  
[www.bootsvermietung-bregenz.at](http://www.bootsvermietung-bregenz.at)

**7** Langenargen  
**Schloss Montfort and Restaurant Malereck**

Visit the magnificent landmark and feast at the spot where many artists came to paint Lake Constance.

Schloss Montfort  
[www.vemax-gastro.de](http://www.vemax-gastro.de)  
> The castle

Restaurant Malereck  
[www.restaurantmalereck.de](http://www.restaurantmalereck.de)



**6** Lindau/Nonnenhorn  
**Medieval city tour and wine excursion to Nonnenhorn**

Explore the Bavarian side of Lake Constance with a wine excursion to the Rebhof winery in sunny Nonnenhorn and discover the medieval old town of Lindau with a guided night watchman's tour.

Rebhof winery  
[www.rebhof-am-see.de](http://www.rebhof-am-see.de)

Lindau Tourism  
[www.lindau.de](http://www.lindau.de)  
> Guided city tours

# Setting sail

A trip by sea what fun it can be, a voyage so beautiful, you'll see. Whatever your heart desires: you'll be happy. And want more.

ILLUSTRATION: ANNE TREICHEL

Choose your favourite routes. Stop at Mainau, the flower island, at the Unteruhldingen stilt village, in medieval Meersburg. And come back good and inspired.

### The routes

Romanshorn → Kreuzlingen → Constance → Unteruhldingen → Mainau → Meersburg ↔

Rorschach → Staad → Altenrhein → Rheineck ↔

Lindau → Rorschach → Romanshorn ↔

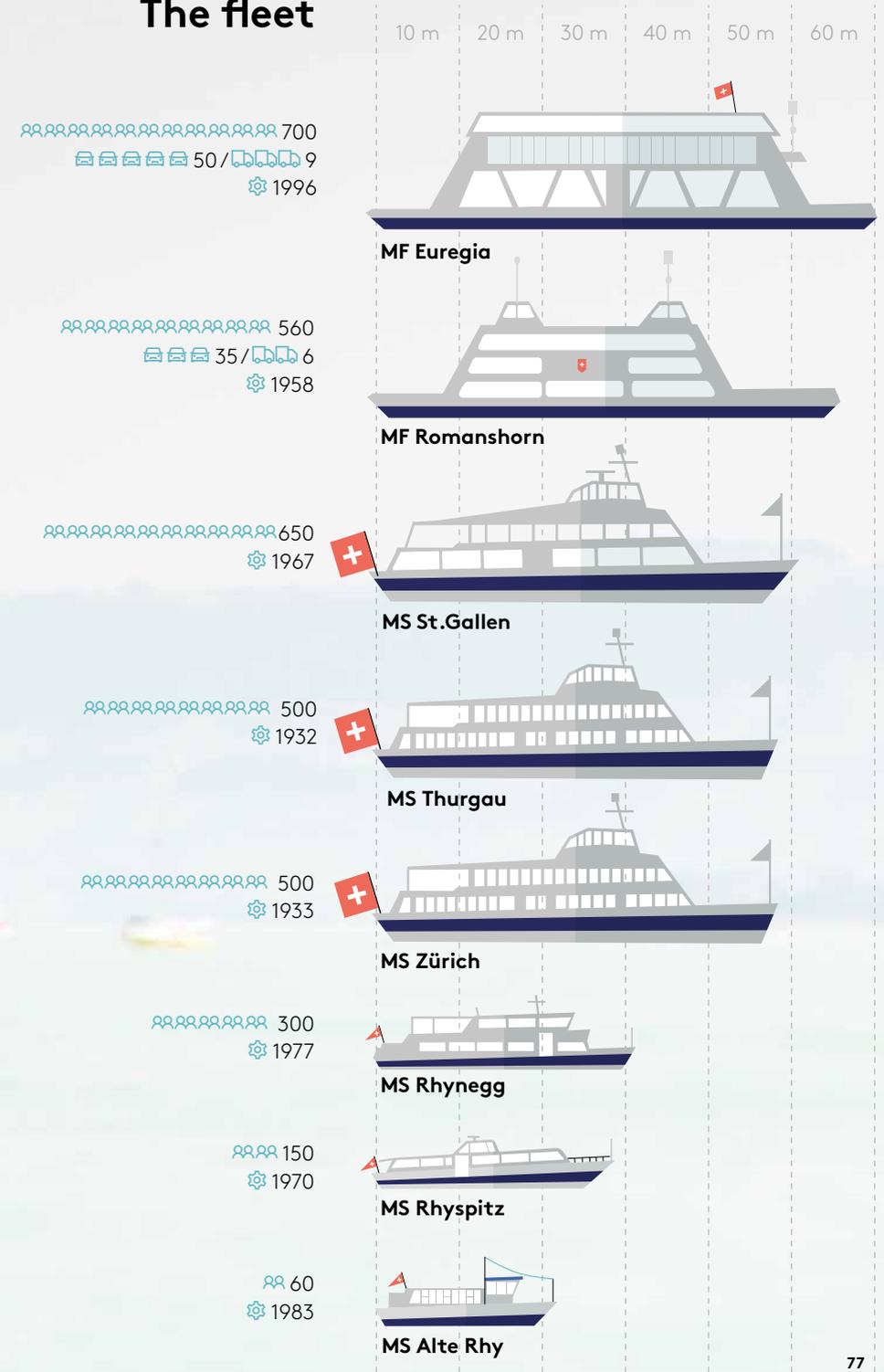
Lindau → Rorschach → Romanshorn → Kreuzlingen → Constance → Unteruhldingen → Mainau → Meersburg ↔

Romanshorn → Immenstaad → Hagnau → Altnau → Güttingen ↔

Romanshorn → Arbon → Langenargen → Horn → Rorschach ↔

Timetable and prices:  
 [www.bodenseeschiffe.ch](http://www.bodenseeschiffe.ch)

## The fleet



Daytrip to Mount Chaeserrugg

# Chäserrugg



Ski in Churfirsten Paradise  
 Architecture by Herzog & de Meuron  
 Exquisite cuisine in the summit restaurant  
 1h Busride from St. Gallen  
 Book your ticket on [www.chaeserrugg.ch](http://www.chaeserrugg.ch)



# For hiking enthusiasts

Strap on your mountain gear. And off we go. High up – to the most inspiring, sky-high places in Eastern Switzerland.

SELECTED BY: 612 EDITORIAL STAFF



Appenzeller  
**SCHAUKÄSEREI**

observe  
 experience  
 enjoy

## Welcome

On the track of the secret – 364 days a year





An experience for everyone  
 Interesting trip for companies and clubs

[www.schaukaeserei.ch](http://www.schaukaeserei.ch)  
 Appenzeller Schaukäseerei AG | Dorf 711 | CH-9063 Stein AR | Tel. 071 368 50 70  
 info@schaukaeserei.ch



Pure happiness: a piece of Schlorzifladen, a regional pear tarte, after the hike



Leave your worries behind between Saxerfirst and Hundsteingrat on Lake Fälensee



**While the Hoher Kasten**

with its revolving restaurant is more touristy, the Risi, in its tranquil location, is a bit quieter. Definitely try: Chäässchoope, a kind of regional cheese toast, and Schlorzifladen, a pear tarte. After lunch: ride the scooter down into the valley.

→ **Recommended:** the spectacular panoramic hike from the Hoher Kasten to the Staubern. → **Insider tip:** bike up the Kamor (endurance required), to the place where “the smallest summit meeting in the world” of the artists Frank and Patrik Riklin took place.

- 📍 www.hoherkasten.ch
- 📍 www.ruhesitz.ch
- 📍 www.sonderaufgaben.ch

**The highest mailbox**

in the region? It’s here, on the Kanzel. The mail is picked up once a year. The Staubern offers more: the mountain inn, which is also a destination for company excursions, for example. The Staubern is also the somewhat different starting point for the Alpestein. → **Beautiful:** past the Kreuzberge to Lake Fälensee; a stop at the Gasthaus Bollenwees is always worthwhile. → **Legendary:** the ridge trail to the Hoher Kasten. Pure enjoyment.

- 📍 www.staubern.ch
- 📍 www.bollenwees.ch

Once a chapel in a cave, then an inn, today a museum: the Wildkirchli



**These classics** are a must: the Wildkirchli cave chapel from the year 1621 and the Aescher mountain inn. The latter was voted the most beautiful place in the world by “National Geographic” in 2018. The view from the house on the cliff is breathtaking. The Gasthaus Schäfler is spectacular (in terms of location). It is reached by a one-hour hike from Ebenalp. → **Don’t miss:** the beautiful fauna and flora.

- 📍 www.ebenalp.ch
- 📍 www.aescher.ch
- 📍 www.schaeffler.ch

**The hiking region of Eastern Switzerland**

Diverse routes and tours with a view



Look down from Kronberg. And feel as free as a bird



**If you want to see the Säntis massif** and region from a different perspective, book a tandem paragliding flight. You can fly in (almost) any weather and in any direction. The Kronberg is easily accessible from St.Gallen and offers a cable car, bobsleigh track and barefoot trail → **Tip:** the walk from Schwägalp through an upland moor and past beautiful alpine flora to Kronberg. In winter: a snowshoer’s paradise. Recommended: the breakfast buffet on the summit. 📍 www.kronberg.ch

Above the clouds: weightless trip to the Säntis summit



**Yes, the Säntis is the most beautiful mountain**

far and wide. But the most beautiful sunset is on the Tierwis. → Head up after work, enjoy the welcoming hospitality of Brigitte and Hampi Schoop, spend the night and then hike up to the Säntis peak the next morning. → **Did you know:** the Säntis has climate conditions similar to a mountain 3,500 m high? → **Don’t miss:** the “Säntis – der Wetterberg” discovery world where you can learn everything about the weather and the panorama.

- 📍 www.saentisbahn.ch
- 📍 www.tierwis.ch

Beautiful, more beautiful, summit building



**For nature and architecture lovers:**

The award-winning wooden building by Herzog & de Meuron welcomes you at the summit of the Chäserrugg. Reward? Yes. However, you already get your money’s worth climbing the easternmost side of the Churfiristen. → **Don’t miss:** the Klangweg (Sound Trail). The Rosenboden plateau offers a unique walking experience with breathtaking views of Lake Walen and the Alps – in summer and winter.

- 📍 www.chaeserrugg.ch
- 📍 www.klangwelt.swiss



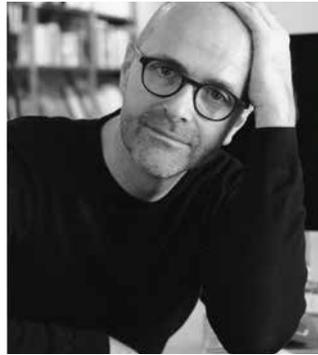
# 18 questions without answers

## 1 answer with- out a question

TEXT: SIBYLLE JUNG

Nice typesetting. Is a font just a font? No way. Roland Stieger is someone who knows the importance of fonts and how they are selected and used effectively. He's 49, a trained typesetter, font designer, entrepreneur. International city traveller, self-confessed St.Gallen fan, aesthete, connoisseur, philanthropist. Anyone who holds a (typeset) work by Roland Stieger in his hands can feel the painstaking craftsmanship that went into it. Nothing is left to chance. Nothing is overdone. Nothing is missing. Everything is intentional, deliberate, self-evident. So is the font he developed: *Alena*. She's a beauty. Poetic. Sensual. Pure. And it has already won several awards: the Josef Binder Award and the German Design Award. Respect.

We want to learn more about the man behind the font and turn the tables for once: Roland Stieger asks us the questions and gives one answer to an unasked question. Immerse yourself in his world. Make your world accessible. And does the person at the next table / the bartender do the same?



© Franziska Messner-Rost

Roland Stieger lives in St.Gallen and is co-owner of the graphics office TGG Hafen Senn Stieger

Is St.Gallen on the lake?

What do you dream about?

What's your favourite food?

How could we rid the world of alarm clocks?

Is there any better beer than the Klöschti?

Why is St.Gallen an insider's tip?

Do you mind if I smoke a cigar?

What has changed your life?

Do you also like to eat mustard with sausage and without bread?

Why is the Vorarlberg not part of Switzerland?

How do you bite a calf biter?

Which book would you recommend?

Where can you get something warm to eat in St.Gallen after 10 pm?

What would another life look like?

What's happiness?

How can you stretch 24 into 48 hours?

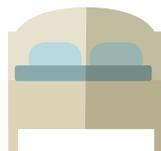
Does nonsense make sense?

Are you easy to please or demanding?

Climbing stairs are brief moments  
to daydream.

# A wonderful night's sleep

In the best hotels the region has to offer



## Einstein St.Gallen \*\*\*\*S

Hotel Congress Spa  
Berneggstrasse 2  
9000 St.Gallen  
☎ +41 71 227 55 55  
🌐 www.einstein.ch  
oskar guest card

The stylish, centrally located 4\* superior hotel has 113 renovated rooms, the Einstein Congress with 14 conference rooms and the Einstein Hall for events up to 330 people. Guests can relax in the modern fitness facility and crystal pool.

Advertisement

## Oberwaid \*\*\*\*S

The hotel. The clinic.  
Rorschacher Strasse 311  
9016 St.Gallen  
☎ +41 71 282 00 00  
www.oberwaid.ch

## Radisson Blu Hotel \*\*\*\*S

St. Jakob-Strasse 55  
9000 St.Gallen  
☎ +41 71 242 12 12  
🌐 www.radissonblu.com/de/hotel-stgallen

## Bad Horn \*\*\*\*S

Hotel & Spa  
Seestrasse 36  
9326 Horn  
☎ +41 71 844 51 51  
🌐 www.badhorn.ch

## Hotel Paul's \*\*\*\*

Parkstrasse 1  
9443 Widnau  
☎ +41 71 595 00 00  
🌐 www.hotelpauls.ch

## Businesshotel Forum Widnau \*\*\*\*

Bahnhofstrasse 24  
9443 Widnau  
☎ +41 71 722 88 66  
🌐 www.forum-hotel.ch

## Hotel Säntispark \*\*\*\*

Wiesenbachstrasse 5  
9030 Abtwil  
☎ +41 71 313 11 11  
🌐 www.hotel-saentispark.ch

Discover a hotel that redefines diversity of experience. In the Hotel Säntispark, guests experience culinary delights, the highest level of comfort, relaxation in the large wellness area and action-packed water fun in the pools and slides in the adjoining Säntispark recreation centre.

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## Hotel Uzwil \*\*\*\*

Bahnhofstrasse 67  
9240 Uzwil  
☎ +41 71 955 70 70  
🌐 www.hotel-uzwil.ch

## Hotel One66 \*\*\*\*S

Alte Bildstrasse 6  
9015 St.Gallen  
☎ +41 71 314 71 71  
🌐 www.hotel-one66.ch

## Hotel Walhalla \*\*\*S

Poststrasse 27  
9001 St.Gallen  
☎ +41 71 228 28 00  
🌐 www.hotelwalhalla.ch  
→ Opening September 2019

## Schloss Wartegg \*\*\*S

Von Blarer Weg 1  
9404 Rorschacherberg  
☎ +41 71 858 62 62  
🌐 www.wartegg.ch

## Hotel Dom \*\*\*

Webergasse 22  
9000 St.Gallen  
☎ +41 71 227 71 71  
🌐 www.hoteldom.ch  
oskar guest card

## Hotel Flawil \*\*\*

Rösslistrasse 7  
9230 Flawil  
☎ +41 71 393 41 41  
🌐 www.hotelflawil.ch

## Hotel Gallo \*\*\*

Swiss Dreams Hotels  
St. Jakob-Strasse 62  
9004 St.Gallen  
☎ +41 71 242 71 71  
🌐 www.hotel-gallo.ch

## Hotel Metropol \*\*\*

Bahnhofplatz 3  
9001 St.Gallen  
☎ +41 71 228 32 32  
🌐 www.hotel-metropol.ch

## Hotel Mozart \*\*\*

Hauptstrasse 82  
9400 Rorschach  
☎ +41 71 844 47 47  
🌐 www.mozart-rorschach.ch  
oskar guest card

## Hotel NewStar \*\*\*

Breitfeldstrasse 9  
9015 St.Gallen  
☎ +41 71 230 20 20  
🌐 www.newstar.ch

The perfect place for business trips or corporate meetings. We offer professional infrastructure. Fast and convenient transport connections, the good location in the west of the city and the hotel's own car park offer ideal conditions.

Advertisement

## Best Western Hotel

**Rebstock \*\*\***  
Thalerstrasse 57  
9404 Rorschacherberg  
☎ +41 71 858 24 00  
🌐 www.rebstock.ch

## Sky Design Motel \*\*\*

Zollstrasse 7  
9451 Kriessern  
☎ +41 71 727 06 00  
🌐 www.skymotel.ch

## Hotel Untertor \*\*\*

Engelgasse 13  
9450 Altstätten  
☎ +41 71 755 51 51  
🌐 www.hotel-untertor.ch

## Schloss-Hotel Wartensee \*\*\*

Wartensee 1  
9404 Rorschacherberg  
☎ +41 71 858 73 73  
🌐 www.wartensee.ch

## Sorell Hotel City Weissenstein \*\*\*

Davidstrasse 22  
9000 St.Gallen  
☎ +41 71 228 06 28  
🌐 www.sorellhotels.com/de/city-weissenstein/stgallen

## Hotel Weisses Rössli \*\*\*

Hauptstrasse 69  
9422 Staad  
☎ +41 71 855 15 15  
🌐 www.weissesroessli.ch

## Hotel Wolfensberg \*\*\*

Wolfensberg  
9113 Degersheim  
☎ +41 71 370 02 02  
🌐 www.wolfensberg.ch

## Hotel Vadian \*\*S

Gallusstrasse 36  
9000 St.Gallen  
☎ +41 71 228 18 78  
🌐 www.hotel-vadian.com  
oskar guest card

## Hotel Hecht \*\*

Hauptstrasse 51  
9424 Rheineck  
☎ +41 71 888 29 25  
🌐 www.hotelhecht-rheineck.ch  
oskar guest card

## Hotel am Spisertor \*\*

Moosbruggstrasse 1  
9000 St.Gallen  
☎ +41 71 228 82 83  
🌐 www.spisertor.ch

## Hotel Sporting \*\*

Straubenzellstrasse 19  
9014 St.Gallen  
☎ +41 71 272 30 30  
🌐 www.hotel-sporting.ch



**Hotel am Ring**  
 Unterer Graben 9  
 9000 St.Gallen  
 ☎ +41 71 223 27 47  
 🌐 www.hotelamring.ch

**Hotel Elite Garni**  
 Metzgergasse 9  
 9000 St.Gallen  
 ☎ +41 71 227 99 33  
 🌐 www.hotel-elite.ch

**Jugendherberge St.Gallen**  
 Jüchstrasse 25  
 9000 St.Gallen  
 ☎ +41 71 245 47 77  
 🌐 www.youthhostel.ch/st-gallen

**Hotel Restaurant Badhof**  
 Rorschacher Strasse 31  
 9450 Altstätten  
 ☎ +41 71 755 11 22  
 🌐 www.badhof.ch

**Hotel Falkenburg**  
 Falkenburgstrasse 25  
 9000 St.Gallen  
 ☎ +41 71 222 55 81  
 🌐 www.falkenburgsg.ch

**Hotel Lindenhof**  
 Oberrietstrasse 14  
 9450 Altstätten  
 ☎ +41 71 755 15 09  
 🌐 www.lindenhof-altstaetten.ch

**Hotel Eastside**  
 Langgasse 151  
 9008 St.Gallen  
 ☎ +41 71 511 31 21  
 🌐 www.hoteleastside.ch

**wohnMOTEL Hinterforst**  
 Eichbergstrasse 103–105  
 9452 Hinterforst  
 ☎ +41 71 599 03 05  
 🌐 www.wohnmotel.ch

**Hotel Militärkantine**  
 Kreuzbleicheweg 2  
 9000 St.Gallen  
 ☎ +41 71 279 10 00  
 🌐 www.militaerkantine.ch  
**oskar** guest card

**Hotel Rössli**  
 Ausserdorfstrasse 2B  
 9524 Zuzwil  
 ☎ +41 71 944 11 33  
 🌐 www.roessli-zuzwil.ch

**Hotel Weisses Kreuz**  
 Engelgasse 9  
 9000 St.Gallen  
 ☎ +41 71 223 28 43  
 🌐 www.weisseskreuz-sg.ch

**Hotel Garni Rössli**  
 Romanshornstrasse 10  
 9300 Wittenbach  
 ☎ +41 71 298 40 30  
 🌐 www.hotelroessliwittenbach.ch

**Gasthaus zur Traube**  
 Rietstrasse 2  
 9436 Balgach  
 ☎ +41 71 722 18 61  
 🌐 www.traube-balgach.com

**Hotel von Rotz**  
 Industriestrasse 27  
 9500 Wil  
 ☎ +41 71 555 38 38  
 🌐 www.hotelvonrotz.ch



The Ostschweizer Gästekarte (East Switzerland Guest Card) includes many discounts throughout Eastern Switzerland: from public transport in six cantons to mountain railways, boat trips and museums.  
**www.oskarferien.ch**

Advertisement

# Thank you very much

So valuable to have you as partners.  
 Thank you very much for your support and cooperation.

# I'll take one of each, please



We in St.Gallen are proud of our **Erststockbeizli**, of the award-winning gourmet restaurants and the regional and hospitable restaurants. And all the places that don't fit into a single category. As the saying goes, you are spoilt for choice. We locals are sometimes, too.

## Legendary

### FIRST-FLOOR BEIZLIS

#### Wirtschaft zur alten Post

Savour delicious food on three floors with historical flair and in the beautiful garden.  
Gallusstrasse 4  
9000 St.Gallen  
☎ +41 71 222 66 01  
🌐 www.apost.ch

#### Zum goldenen Schäfli

Culinary voyage of discovery in the city's last surviving guild house.  
→ Trademark: the slanted floor in the guild house.  
Metzgergasse 5  
9000 St.Gallen  
☎ +41 71 223 37 37  
🌐 www.zumgoldenen-schaefflisg.ch

#### Weinstube zum Bäumli

Time travel into the 16th century; totally romantic.  
Schmiedgasse 18  
9000 St.Gallen  
☎ +41 71 222 11 74  
🌐 www.weinstube-baeumli.ch

#### Genuss Manufaktur Neubad

Here you will find small, tapas-like portions and no (traditional) menus; this is what the restaurant is known for.  
Bankgasse 6  
9000 St.Gallen  
☎ +41 71 222 86 83  
🌐 www.restaurantneubad.ch

#### Schwarzer Adler

A declaration of love to the city and the pub culture – sit back and enjoy.  
Marktplatz 12  
9000 St.Gallen  
☎ +41 71 222 75 07  
🌐 www.schwarzeradler.ch

## St.gallic-helvetica

### REGIONAL CUISINE

#### Fondue Beizli Neueck

The charming rustic restaurant with a large selection of creative fondue creations.  
Brühlgasse 26  
9000 St.Gallen  
☎ +41 71 222 43 44  
🌐 www.fonduebeizli.ch

#### Gaststuben zum Schlössli

Put the region on your plate – on principle and because it simply tastes delicious.  
Zeughausgasse 17  
9000 St.Gallen  
☎ +41 71 222 12 56  
🌐 www.schloessli-sg.ch

#### National zum Goldenen Leuen

Among the things on the menu of the NAZ (as we fondly call this lovely restaurant) is the best Chäs-chüechli, a savoury cheese pie.  
Schmiedgasse 30  
9000 St.Gallen  
☎ +41 71 222 02 62  
🌐 www.naz.sg

#### Restaurant Brauwerk

The craft beer playground of the Schützengarten: with modern brewery cuisine, beer specialities and its own brewhouse on the ground floor.  
Bahnhofstrasse 19  
9000 St.Gallen  
☎ +41 71 222 85 90  
🌐 www.restaurantbrauwerk.ch



#### Restaurant NewStar

The lunch menu changes with a selection of vegetarian dishes; the evening menu offers a selection of seasonal dishes, home-made Swiss specialities and re-interpretations of classic recipes.  
Breitfeldstrasse 9  
9015 St.Gallen  
☎ +41 71 230 20 20  
🌐 www.newstar.ch

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#### Wildpark Restaurant Peter und Paul

Stop in for a bite to eat after walking around to look at the animals. And enjoy the fantastic view.  
Kirchlistrasse 99  
9010 St.Gallen  
☎ +41 71 245 56 25  
🌐 www.peterundpaul-sg.ch

#### Restaurant Bierfalken

Stopover after the cultural programme or shopping marathon; just sit back and relax.  
Spisergasse 9a  
9004 St.Gallen  
☎ +41 71 222 75 46  
🌐 www.bierfalkenwirt.ch

#### Schloss Wartegg

Sensual, delicious and rewarding; a gem of a castle above Lake Constance.  
→ Herbs, vegetables, berries and flowers from the castle's own, biodynamic, 2,500 m<sup>2</sup> Pro-SpecieRara garden of rare varieties.  
Von Blarer Weg 1  
9404 Rorschacherberg  
☎ +41 71 858 62 62  
🌐 www.wartegg.ch

#### Restaurant Dreilinden

Head up to the Drei Weieren, or Three Ponds, and enjoy refined home-style cuisine with a stunning view.  
Dreilindenstrasse 42  
9011 St.Gallen  
☎ +41 71 245 15 30  
🌐 www.restaurant-dreilinden.ch

#### Perronnord

Hustle and bustle? Quickly forgotten; open the door and lose yourself in another, down-to-earth, congenial cosmos.  
Rosenbergstrasse 48  
9000 St.Gallen  
☎ +41 71 220 11 30  
🌐 www.perronnord.ch

## Excellent

### GOURMET

#### Jägerhof

A player in the premiere league of the local restaurant scene.  
Brühlbleichstrasse 11  
9000 St.Gallen  
☎ +41 71 245 50 22  
🌐 www.jaegerhof.ch

#### Netts

Traditional dishes are reinterpreted and refinement is elicited from simplicity.  
→ The beer garden: nice vibe for whiling away the hours.  
St. Jakobstrasse 35  
9004 St.Gallen  
☎ +41 71 242 66 77  
🌐 www.netts.ch



#### Einstein Bistro, Gourmet, Bar

International dishes in a stylish atmosphere at the Einstein Bistro; 18 Gault Millau points, 2 Michelin stars awarded to Einstein Gourmet – this is where the rising stars of 2019 man the stoves, French-oriental; whisky and cigars in the bar.  
Berneggstrasse 2  
9000 St.Gallen  
☎ +41 71 227 55 55  
🌐 www.einstein.ch

Advertisement

#### Villa am See

You want to move in and never leave ...  
Seestrasse 64  
9403 Goldach  
☎ +41 71 845 54 15  
🌐 www.villa-am-see.ch

## Notable

### EXOTIC

#### Tibits

Talking about vegetarian fast food never does justice to the vegetarian restaurant.  
Bahnhofplatz 1a  
9000 St.Gallen  
☎ +41 71 272 61 11  
🌐 www.tibits.ch

#### Stickerei

The best burgers are in America? No, they aren't ... choose one, take a bite, wow.  
Oberer Graben 44  
9000 St.Gallen  
☎ +41 71 222 62 32  
🌐 www.stickerei.sg

**Barz**

Delicious food meets sustainability in this nice slow-food restaurant. → Don't eat too much (organic) bread...

Bankgasse 4  
9000 St.Gallen  
☎ +41 71 571 06 14  
🌐 www.barz.ch

**Restaurant Lagerhaus**

Good origins; meat and fish in their most authentic form from the beech wood grill. → Gem; the city garden "between two worlds"

Davidstrasse 42  
9000 St.Gallen  
☎ +41 71 223 70 07  
🌐 www.restaurantlagerhaus.ch

**Restaurant Baratella**

Baratella five times a week? Totally possible. Italian food is served here. Really, really authentic. The menu is a piece of art. The staff are like friends.

Unterer Graben 20  
9000 St.Gallen  
☎ +41 71 222 60 33  
🌐 www.restaurantbaratella.ch

**Restaurant am Gallusplatz**

Once an episcopal stable, today a place for fine dining.

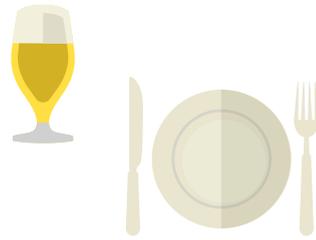
Gallusstrasse 24  
9000 St.Gallen  
☎ +41 71 230 00 90  
🌐 www.amgallusplatz-sg.ch

**Ristorante Facincani**

What would we do without the Fatsch as the restaurant is lovingly known by locals? Be sad ...

→ The Franzon brothers provide entertainment that costs a lot of money elsewhere.

Gallusstrasse 39  
9000 St.Gallen  
☎ +41 71 222 27 46  
🌐 www.facincani.ch



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**NÖD JUFLE  
MACHT DEN  
BRAUER ZUM  
MEISTER.**

Ein gutes Bier braucht Zeit. Deshalb nehmen wir uns beim Brauen besonders viel davon. Und das seit 240 Jahren. Damit Sie jeden Schluck geniessen können.

Wir nehmen uns Zeit für unser Bier.

**Schützengarten**



# How many stairs does it take to be happy?

St.Gallen is the "Stägestadt", or city of stairs. Not without reason: the city has 13,000 stairs. What we want to know from you: what is the longest flight of stairs in town? And: how many stairs does it have?

Now get out there, figure it out and win.  
🌐 www.st-gallen-bodensee.ch/wettbewerb  
Closing date for entries: 1 November 2019



1

**First prize**

«All in – the Casino Package»

Overnight stay at Hotel Einstein for two including dinner at Einstein Gourmet and a visit to Casino St.Gallen worth CHF 580.–

E  
EINSTEIN ST. GALLEN  
HOTEL CONGRESS SPA

2

**Second prize**

«Casino Royale» Overnight stay in the Hotel Säntispark for two with a visit to the Casino St.Gallen worth CHF 265.–

säntispark

3

**Third prize**

«Casino Night» Guided tour of the Casino St.Gallen and game credit for two worth CHF 50.–

CASINO  
ST. GALLEN



*Maximise  
your chances  
of winning*

Visit the city of stairs on 8 September 2019.

🌐 www.staegestadt.ch

# Don't miss a thing and be inspired

There's lots happening around here. 612 has picked out 8 events and 5 locations. Have fun. All other events in St.Gallen and the region can be found here:



## June

**Music meets mud – what else?**



You've never been to the OpenAir St.Gallen festival? Now is the time. Four days of music, camping, freedom and (usually) a lot of mud at the oldest and biggest music festival in Switzerland. The performers are international and national. On different stages, in the middle of nature – since 1977. **OpenAir St.Gallen**, Sittertobel, St.Gallen  
**27 to 30 June 2019**  
📍 [www.openairsg.ch](http://www.openairsg.ch)

**Dramma lirico in front of a sacred backdrop**



Giuseppe Verdi's opera "Il trovatore" has probably never before been performed in such a magnificent setting. It will be put on during the St.Gallen Festival which has been in existence since 2006. It will take place in the Abbey Courtyard. The visit is emotional, gets under your skin. **St.Gallen Festival**, Klosterplatz, St.Gallen  
**28 June to 12 July 2019**  
📍 [www.stgaller-festspiele.ch](http://www.stgaller-festspiele.ch)

**LATTICH**  
Appealing temporary use at the St.Gallen freight station: studios, workshops, offices and a food laboratory are growing quickly in the 48 wooden containers.  
📍 [www.lattich.ch](http://www.lattich.ch)

## July

**Far from the mainstream**



The Cultural Festival is impressive with world pop surprises and alternative songwriting. Every year anew. The concerts are a musical delight for those who stay home. In the most intimate concert location St.Gallen has ever seen. **Cultural Festival**, courtyard of the Historisches und Völkerkundemuseum (Historical Museum and the Museum of Ethnology), St.Gallen  
**2 to 20 July 2019**  
📍 [www.kulturfestival.ch](http://www.kulturfestival.ch)

## August

**Ephemeral art**



In mid-August, Rorschach becomes a mecca for sand sculptures. What is created here is fascinating, surprising. The artists are

international, their works multi-layered. Impressive, how the sculptures are created and then over time disappear naturally. **Sand Sculpture Festival**, Rorschach  
**11 to 18 August 2019**  
📍 [www.sandskulpturen.ch](http://www.sandskulpturen.ch)

**A summer night's storm**



The municipality of Steinach is celebrating a major anniversary (1,250 years) and putting on a performance that tells its story in theatre, dance and music. The name speaks for itself: "WasserLand – ein Sommernachts-Sturm" (A summer night's storm). The performance will be held on the lake stage. **WasserLand**, music festival, Steinach  
**8 August to 7 September 2019**  
📍 [www.wasserland-2019.ch](http://www.wasserland-2019.ch)

## September

**Art at night**

Once a year, around 30 museums and galleries open their doors at night. You can take a look, immerse yourself, linger and continue on. Each museum night has a motto, which is accom-

**ohne Senf**  
(no mustard allowed)  
The charming app for events in and around St.Gallen:  
📍 [www.ohne-senf.ch](http://www.ohne-senf.ch)

panied by a special social programme for young and old. **Museum Night**, St.Gallen  
**7 September 2019**  
📍 [www.museumsnachtsg.ch](http://www.museumsnachtsg.ch)

## October

**Folk festival and autumn highlight**



The largest public trade show in Switzerland combines tradition and modernity and is an annual must for many St.Gallen residents. The daily sow race in the arena is legendary. A variety of special shows, social programmes and exhibitors from a wide range of industries make OLMA a meeting place for all generations. **OLMA**, trade fair for agriculture and food, St.Gallen  
**10 to 20 October 2019**  
📍 [www.olma.ch](http://www.olma.ch)

## December

**Cinnamon fragrance and glittering stars**

Advent in St.Gallen means drinking mulled wine, strolling through the Christmas market from the Waaghaus to the Marktgasse – and being enchanted by the 700 stars that transform the city into a sea of lights. **City of stars and Christmas market**, St.Gallen old town  
**Advent season**  
📍 [www.sternenstadt.ch](http://www.sternenstadt.ch)

## All year round

**Appenzeller, on the trail of the best-kept secret.**



A special journey of discovery, on a quest for the secret of the most aromatic cheese in Switzerland. Hands-on exhibition with insight into live production as well as a shop and restaurant. Sönd willkomm, or you're welcome in local dialect!

**Appenzell cheese dairy**, Stein AR  
📍 [www.schaukaeserei.ch](http://www.schaukaeserei.ch)

**Industrial area with a special charm**



This is where artists, craftspeople, scientists and the general public come together. There is an art library, materials archive, studio building and the Kesselhaus Josephsohn. Anyone who has ever been to the materials archive will be enchanted for a long time to come. A guided tour is a must. **Sitterwerk**, St.Gallen  
📍 [www.sitterwerk.ch](http://www.sitterwerk.ch)

## All year round

### Dive into the world of nature



The exhibition offers a variety of insights into the local animal and mineral world. Walk-in room images invite you to become active yourself. In addition to the largest landscape relief in Eastern Switzerland, you can discover large predators, living forest ants, dinosaurs and much more.

**Naturmuseum, St.Gallen**

📍 [www.naturmuseumsg.ch](http://www.naturmuseumsg.ch)

Advertisement

### Roarrrr



The lions are back – in a new 1,600 m<sup>2</sup> lion enclosure. The Berber Lion, extinct in the wild, is one of more than 900 animals that live in the Abenteuerland Walter Zoo. There's a lot to discover. Let's go.

**Walter Zoo, Gossau**

📍 [www.walterzoo.ch](http://www.walterzoo.ch)

### Straw beds and farm products



Sleeping on a bed of straw is a special holiday experience in the Heiterhof with its happy animals and nice people. On the adventure trails, school classes and groups come into contact with interesting information about milk, apple juice and eggs. A unique natural experience for children and adults.

**Heiterhof, Eichberg**

📍 [www.heiterhof.ch](http://www.heiterhof.ch)

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## Outlook 2020

# To be continued

Perspectives are great. Especially when it comes to 612 – the St.Gallen-Bodensee Tourism's guide magazine. While you are reading, discovering and enjoying, we are already working on the next issue. It will be published in January 2020.

Do you have any suggestions or input? Would you like to contribute an article or do you know someone who would be the ideal fit for the guide magazine? We look forward to reading from you.

**Your 612 editorial staff**

612@st.gallen-bodensee.ch



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